

CHURCH LIFE

A HEARTFELT THANK YOU

Pastor Ray and Sunnyside Church family,

Words cannot express the love and kindness we received during the loss of our mother, Lena White. The expression of love was overwhelming from the attendance at the service, cards, flowers, and donations to the kitchen fund, the words of expression and prayers. We especially say Thank You to the members who worked hard at the repast cooking and serving the food, decorating tables and members who brought desserts, and helped with the overall service. Sunnyside church has shown us the true meaning of family, thank you. ~ Lena White family

FEBRUARY 11 — 25TH ANNIVERSARY— AN ALL DAY AFFAIR

Spiritual education of the youth of Fresno Sunnyside SDA Church was the focal point of the eight families who kept the flame of their vision foremost. Plans were put together to form a complete Sabbath School Department from Kindergarten to Senior Youth. A Church Board was formed and Don Reisig accepted the responsibility of Chairman. If you have ever pondered the spiritual impact of a Sabbath School class, consider the outcome of one adult Sabbath School Class that received this vision: the birth of an entire church!

DENNIS SEATON ACCEPTS POSITION IN PACIFIC UNION CONFERENCE

Dennis Seaton, Vice President for Human Resources and Personnel for the Central California Conference, has accepted a position with the Pacific Union Conference. He will serve as the associate director for the Public Relations and Religious Liberty (PARL) department effective March 1, 2012. Dennis leaves with nearly 20 years of distinguished and loyal service in Central. We pray for God's rich blessings upon him as he takes on his new responsibilities.

THANK YOU FOR YOUR PRAYERS

On Sabbath, during the Garden of Prayer, we prayed for five-month-old Aalaysia and her impending open-heart surgery. She is the child of one of the families we assist through community services. On Tuesday morning the doctors began the operation with concerns that Aalaysia may not survive as her heart was in very bad condition. All went well, however, and she is recovering fine. Aalaysia's family is so thankful for the prayers of those whom they've never even met. Please continue to pray for Aalaysia as she has other medical issues that could interfere with her recovery.

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WORSHIP CELEBRATION

**January 21, 2012
11:00 A.M.**

**“Pass Me Not”
“Power In The Blood”**

Welcome
Pastor Dennis Ray

Ministry Minute
Kristi Burkhart

Children’s Story

Offering
Daryl Slusher

**“Do Lord”
“Amazing Grace”**

Prayer
Marla Hartman

“Anyway”
Tina Cornwell

Scripture
1 John 1:8–2:2
Janette Frazier

Dear John Letter
Marty McCann

**“Going Deep: Our
Defense Team”**
Pastor Ray

Benediction
Diane Bertao

THIS WEEK AT A GLANCE

WEDNESDAY, JANUARY 25

Community Services Distribution 11:00 a.m.
Deadline for Bulletin info: bulletin-
staff@sunnysidesda.org 6:00 p.m.

SABBATH, JANUARY 28

Sabbath School 9:30 a.m.
Worship Service 11:00 a.m.
The GROUP – Maroa Rooms 5:00 p.m.

Sunset

This Friday
5:10p.m.

Next Friday
5:18p.m.

PREACHING SCHEDULE

January 28 — Donald Ramey
February 4 — Pastor Ray
February 11 — Pastor Ray

MONTHLY CONTRIBUTION SUMMARY

January Church Needs	\$29,000.00
Church Needs Donations	8,779.81
Over (<i>Short</i>)	(20,220.19)
Year to Date	\$29,000.00
Donations Received	8,779.81
Over (<i>Short</i>)	(20,220.19)
Youth Pastor Fund	\$15,977.74

This Week’s Offering
Local Church Budget

YOUTH NEWS



YOUTH VESPERS & “BREAKFAST FOR DINNER” AT THE VAUGHNS’ THIS FRIDAY EVENING

Come hang out with us and make some of your breakfast favorites like Belgian waffles and omelet-in-a-bag, and we’ll talk about our plans for 2012!

HEALTHY BYTES

CASHEW CHEESE (Served at the New Year’s Resolution Party)

BLEND the following until VERY smooth:

1c raw cashews (1 gram fiber/oz.)
1/3c lemon juice
1c water
1/2c olive oil

When mixture is smooth to touch. ADD:

2T sesame seeds (1 gram fiber/T)
4T Nutritional Yeast flakes *(4 g. fiber/T)
1t onion powder
pinch garlic powder
1/8t celery seed or celery salt
1 to 1 1/2 t of sea salt

When blended, ADD 1/2 c. sweet pimentos or roasted red peppers and blend again. (You can find Nutritional Yeast at Whole Foods or any health foods store.)

Use in lasagna or “mac and cheese” with brown rice noodles for a healthy alternative. Tinkyada brand pasta is best. NOTE: For nachos, add jalapeno pepper and/or 1 can Ortega chilies. Makes a great enchilada ‘cheese’.

There are approx. 26 grams of fiber in this whole recipe. I don’t recommend eating the whole batch in one sitting! A serving size would be about a 1/4c with approx. 4 grams of fiber per serving. Serve with baby carrots for more fiber!

For more info on healthy solutions and recipes,
contact Gale Bolinger at 974-2459 or email at gale4health@comcast.net

ANNOUNCEMENTS

MEMBERSHIP TRANSFERS

Second Reading: Shona Phillips from Seven Palms.

WOMEN'S FRIENDSHIP CIRCLE



Join us for our monthly Sabbath lunch this week. Please talk with Lola Arteaga (323-6682), if you have any questions.

WE NEED REFRESHMENT HOSTS!

Dates available: **January 28 and February 4, 18, 25**. Please sign up in the fellowship hall or call the church office (229-5501). Reimbursement is available.

You are invited...

to the Fresno Adventist Academy Century Club Banquet on **Sunday, January 29 at 6 p.m.** in the Alumni Hall. It only takes a donation of \$100 a year to become a Century Club member. Membership fees and other donations go towards special needs of the individual classrooms at the school. Members have the opportunity to hear presented needs and vote on purchases for the requests. Please RSVP by calling Richelle at 273-4976 if you would like to attend this special dinner.

THE FULL PLATE FOLLOW-UP CLASS



We will start a 4-week follow-up class for those who did the Full Plate program. The class will begin February 27. Please make your reservation and order your book from Gale Bolinger (974-2459) by February 13. The cost of the new book is \$25.



RESERVE YOUR CAMP SITE AT SHAVER LAKE

Now is the time to start getting your reservations in for our annual "Church in Shaver" weekend scheduled for **Sabbath, August 18**. The email address for those wanting to reserve a campsite is camped@sce.com and the website for Camp Edison is www.sce.com/campedison. Sign up early; spaces fill up quickly! Contact May Bristol for more information (mkbristol@hotmail.com).

COMMUNITY SERVICES NEEDS

Community Services is currently in need of:

- ❖ pots and pans
- ❖ large blankets (full, queen and king)

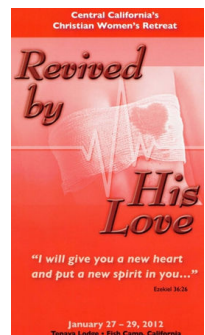
Please contact Printess Schlist (232-1194), if you can help or if you have any questions.

ARE YOU GOOD WITH CRAFTS?

The Primary Sabbath School Class is in need of help with weekly craft projects. No teaching is required. You would just need to prepare a craft for about 20 children. Reimbursement is available. Please contact Leslie Batty (286-6573), if you're able to provide craft projects.

CCC WOMEN'S RETREAT

"Revived by His Love" January 27-29 at Tenaya Lodge in Fish Camp, CA. Retreat includes two nights lodging at a resort hotel with indoor pool, spa and exercise room; three vegetarian buffet meals, materials, and admission to all sessions. Presenters include Elizabeth Talbot, Caron Oswald, and Lisa Nuss. Make your reservation early – space is limited. Reservations will continue to be accepted after the deadline, based on hotel space availability; however, hotel restrictions require no refunds after December 28. For registration form go to <http://ccc.adventist.org/ministry/womens>. For more information, contact Pat Curtis at 2patcurtis@gmail.com.



GETTING TO KNOW OUR FRIENDS & FAMILY
Building Lives Through Relationships...

Kenny & Patty Lay



**Eric, Cheryl &
Cory Colombini**

THE LAST WORD

THE POWER OF A NOTE by Fred Bauer

On my first job as sports editor for the Montpelier (Ohio) Leader Enterprise, I didn't get a lot of fan mail, so I was intrigued by a letter plopped on my desk one morning. The envelope bore the logo of the closest big-city paper, the *Toledo Blade*.

When I opened it, I read: "Sweet piece of writing on the Tigers. Keep up the good work." It was signed by Don Wolfe, the sports editor. Because I was a teenager (being paid the grand total of 15 cents a column inch), his words could not have been more exhilarating. I kept the letter in my desk drawer until it got rag-eared. Whenever I doubted I had the right stuff to be a writer, I would reread Don's note and walk on air again.

Later, when I got to know him, I learned that Don made a habit of jotting a quick, encouraging word to people in all walks of life. "When I make others feel good about themselves," he told me, "I feel good, too."

Why are upbeat note writers in such short supply? My guess is that many who shy away from the practice are too self-conscious. They are afraid they will be misunderstood, sound corny or fawning. Also, writing takes time and it is far easier to pick up the phone. The drawback with phone calls, of course, is that they do not last. A note attaches more importance to our well-wishing. It is a matter of record, and our words can be read more than once, savored, and treasured.

What does it take to write notes that lift spirits and warm hearts? Perhaps just a desire and a willingness to express our appreciation. The best notes are usually short on verbiage and long on empathy; sincere, short, specific, and usually spontaneous in nature. It is difficult to be spontaneous, however, when you have to hunt for letter writing materials; so, keep paper, envelopes, and stamps close at hand, even when you travel. Fancy stationery is not necessary; it's the thought that counts.

So, who around you deserves a note of thanks, encouragement or approval?...a neighbor, your child, a relative, a friend, your spouse, a teacher, or doctor? You do not need to be poetic. If you need a reason, look for a milestone, the anniversary of a special event you shared, a birthday, or holiday, and do not constrain your praise. Superlatives such as: "greatest," "smartest," "prettiest" make us all feel good. Even if your plaudits run a little ahead of reality, remember that expectations are often the parents of dreams fulfilled.

Today, I received a warm, complimentary letter from my old boss and mentor, Norman Vincent Peale. He once told me that the purpose of writing inspirational notes (he is the best three-sentence letter writer I have ever known) is simply "to build others up because there are too many people in the demolition business today." His little note to me was full of uplifting phrases, and it sent me to my typewriter to compose a few overdue letters of my own. I don't know if they will make anybody else's day, but they made mine. As my friend Don Wolfe said, "Making others feel good about themselves makes me feel good, too."

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Website: www.sunnysidesda.org

HAPPY BIRTHDAY
TO...

Isaiah Carapinha (1/21)
Phyllis Birmingham (1/22)
Emeron Montgomery (1/22)
Janet Cotton (Rhoads)
(1/23)
Brooke-Lynn Crew (1/23)
Becky Crouch (1/23)
Mark Johnson (1/25)
MaryLou Kolstad (1/25)
Vickie Beam (1/26)
Frank Carpenter (1/27)
Justin Merriam (1/27)
Lauren Ovando (1/27)
Derek Ray (1/27)
Maxine Smith (1/27)

HAPPY ANNIVERSARY
TO...

Al & Maria Smith (1/21)