

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

## CHURCH LIFE

### BUD SHIMMIN UPDATE



According to Jody, Bud is doing quite well. Jody said “he’s not going out without a good fight.” Bud has been getting better every day. He will, however, stay in the hospital a little while longer but he is able to have visitors. He is at Saint Agnes Hospital — room 571.

### EARLY YOUTH CLASS VISITS HORIZON HEALTH

On Sabbath afternoon, February 11, the Early Youth Class went to Horizon Health



Nursing Home where they passed out 60 roses and Valentine’s Day cards to the residents there. Our 7th & 8th graders wonderfully showed God’s love as they sang and talked to the patients in the home.

Kurt Logan, from the church band, led them in a medley of “I’m Gonna Sing/Oh, When the Saints/This Train” and “Jesus Loves Me.” The clear favorite was the medley and residents came out of their rooms as the kids entered the different wings to sing. There were some special moments when the kids went into rooms to sing to those who could not come out and Adriana Cruz and her mother talked to one resident about their mutual love for reading. They promised to visit her again and bring books for her.

Most of the kids said they were not nervous at all and very much enjoyed seeing the smiles on the faces of those to whom they gave the simple gifts. In fact, they said they wanted to do it again and soon. On some level they felt God’s love move through them and they are anxiously waiting to experience that again.

(more pictures on page 4)

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## WORSHIP CELEBRATION

**March 3, 2012  
11:00 A.M.**

**“Step By Step”  
“Blessed Assurance”**

**Welcome  
Pastor Dennis Ray**

**Children’s Story  
Todd Cornwell**

**Offering**

**“I Just Want To Be Where  
You Are”  
“Nearer, Still Nearer”**

**Prayer  
Patricia Ford**

**“Through it All”  
Nancy Isaacs**

**Scripture: 1 John 3:19-22**

**“Going Deep: Prayer”  
Pastor Dennis Ray**

**Benediction**

### THIS WEEK AT A GLANCE

**MONDAY, MARCH 5**  
Parenting Presentation – van Wyk’s home  
6:00 p.m.

**TUESDAY, MARCH 6**  
Women’s Friendship Circle Meeting – Youth  
Room 1:00 p.m.

**WEDNESDAY, MARCH 7**  
Finance Committee Meeting 6:30 a.m.  
Community Services Distribution 10:00 a.m.  
Deadline for Bulletin info: bulletin-  
staff@sunnysidesda.org 6:00 p.m.  
Personnel Committee Meeting – Junior  
Room 6:30 p.m.

**FRIDAY, MARCH 9**  
Connections Bible Study Group – Maroa  
Room 6:30 p.m.

**SABBATH, MARCH 10**  
Sabbath School 9:30 a.m.  
Worship Service 11:00 a.m.  
Oasis Group – Youth Room 5:30 p.m.  
“Courageous” – Church 6:30 p.m. Movie &  
Refreshments

### PREACHING SCHEDULE

**March 10 — Pastor Ray  
March 17 — Gilbert Barr  
March 24 — Pastor Ray**

### MONTHLY CONTRIBUTION SUMMARY

<b>February Church Needs</b>	\$29,000.00
Church Needs Donations	18,762.35
Over (Short)	(10,237.65)
<b>Year to Date</b>	\$58,000.00
Donations Received	36,819.17
Over (Short)	(21,180.83)
Youth Pastor Fund	\$14,401.48

This Week’s Offering  
**Local Church Budget**

#### Sunset

This Friday 5:54 p.m.	Next Friday 6:01 p.m.
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## HEALTHY BYTES

### ARE YOU FALLING FOR THESE FOOD LABEL LIES?

by SHAPE Magazine

Beware of these labels.



**4. If the label says "made with whole grains..."**

Whole grains are great for providing essential minerals, fiber, and energy, but all this label means is that there are some whole grains somewhere in the product with typical white flour-confusingly called "enriched wheat flour"-as the main ingredient.

**Avoid it:** Check the ingredients list . Whole wheat (or some other grain) should be listed first. Ideally it should be the only type of grain used. "100-percent whole grain" is defined by the USDA and means exactly what it says. Look for this label on foods and don't get confused by those that say "8g of whole grains per serving!"-they're just trying to distract you from the fact that it's not made with only whole grains.

For more info on healthy solutions and recipes,  
contact Gale Bolinger at 974-2459 or email at [gale4health@comcast.net](mailto:gale4health@comcast.net)

“Look for us at the Fresno Home Show on March 2-4 at the Fresno Fair Grounds. We will be in the Garden Area. The Juice Plus Tower Garden will be featured. There will be a working "garden" on display. Come by and learn how this awesome new gardening concept can change the way you eat. I will personally be there on Friday and Sunday, I hope to see you then! Invite your friends to see the new Tower Gardens!” ~ Gale

## ANNOUNCEMENTS

### MEMBERSHIP TRANSFERS

#### Second Reading:

Gloria Ferrer from Fresno Central  
David Bronsert from Fresno Central



### YOUTH EVENTS

**March 3** – Sack Lunch Handout to the Homeless

**March 17** – Skywalk

**April 12-15** – San Diego Trip

The youth are planning an exciting trip to Mission Beach in San Diego. Cost is \$200 per person. The weekend will include kayaking, go-cart racing, bike rentals, beach volleyball and surfing. For more info contact Alexa Burkhart (765-5084) or alexa.burkhart@yahoo.com.

### MOVIE NIGHT! MARCH 10



Men's Ministry is sponsoring movie night at the church at 6:30 p.m. next Saturday. Come out for refreshments and see the movie "Courageous," from the producers of "Facing the Giants" and "Fireproof."

### FREE FIREWOOD



All you have to do is pick it up. Please call Joseph Valente (447-1584), if you are interested.

### SAVE THE DATE—FAA SPRING FLING

Plan to attend the Spring Fling fundraiser at the Academy on **March 18**. Lots of food, games for the kids and auction items.

### SMALL GROUPS

#### OASIS

The small group "Oasis" meets **every Sabbath 5:30 to 7:30 p.m.** in the Youth Room.

This Sabbath we will present the documentary "QUEST FOR THE LOST TRIBES", an epic search for the Truth, behind one of the Bible's greatest prophecies: "And He will gather together the scattered of Judah from the four corners of the earth" (Isaiah 11:12). Should you need any further information, please contact Diane Bertao (288-6308).

#### YOUNG PARENTS MEETING

Come join us for a young parents evening on **Monday, March 5 at 6:00 p.m.** The presenter will be Dr. Emilie van Wyk of Sunnyside Church. This presentation is for parents with small children or those planning to start a family. The focus will be on discipline, the effect your discipline style will have on your children, and what effect it will have on their spiritual development.

Please call to reserve a place, 433-6896. For more information go to [www.zoecomm.com](http://www.zoecomm.com); you will find Dr. van Wyk on this website.

### GOT EGGSTRA EGGS AND CANDY?



Plans are underway for Sunnyside's Annual Easter Sunrise Service on April 8. There will be a box in the foyer for any donations you would like to make. We can use individually wrapped Easter candy, plastic Easter eggs, tiny Easter trinkets and Easter stickers. Your generosity is very much appreciated and helps us to cut down on our expenses. *Thank you so much.*

### USED BOOK SALE

Friends of the Politi Library Branch will have a used book sale May 3 - 5 in the Headliner Shopping Center on the southwest corner of Barstow & First Streets. Please bring any book donations to the Politi library on the southwest corner of First & Bullard during March & April. Volunteers are needed and welcome. Call Twila for more information, 437-9835 or email: [twirloldgirl@juno.com](mailto:twirloldgirl@juno.com)

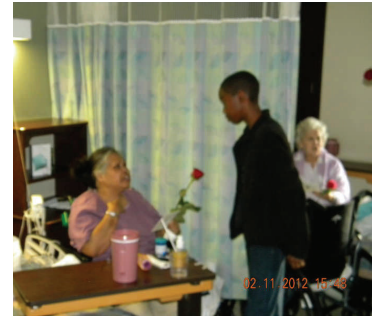
*WORSHIP*

*LEARN*

*CONNECT*

*SERVE*

*The Spirit of Sunnyside*



## THE LAST WORD

The mind that is anxious about future events is miserable. ~ *Seneca*

Let us be of good cheer, remembering that the misfortunes hardest to bear are those that never happen. ~ *James Russel Lowell*

It is the trouble that never comes that causes the loss of sleep. ~ *Chas. Austin Bates*

Thus each person by his fears gives wings to rumor, and, without any real source of apprehension, men fear what they themselves have imagined. ~ *Lucan*

Surely there is something in the unruffled calm of nature that overawes our little anxieties and doubts; the sight of the deep-blue sky and the clustering stars above seems to impart a quiet to the mind. ~ *Jonathan Edwards*

Ask yourself this question: "Will this matter a year from now?" ~ *Richard Carlson, writing in "Don't Sweat the Small Stuff"*

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**HAPPY BIRTHDAY  
TO...**

Carolyn Ball (3/3)  
Bill Barreto, Jr. (3/3)  
Kaitlyn Estep (3/4)  
Nathan Mayne (3/4)  
Sean Patterson (3/4)  
Kayce Frazer (3/5)  
Ryan Em-Franco (3/6)  
Sairene Patterson (3/6)  
Branden Wheeler (3/6)  
Mason Liu (3/7)  
Shelbi Alferd (3/9)  
Dominic Crew (3/9)  
Dawn Haldeman (3/9)  
Printess Schlist (3/9)

**HAPPY ANNIVERSARY  
TO...**

Steve & Lindy Willey (3/6)