

Sunnyside News is a weekly publication designed to inform member and subscribers of our current news and events.

CHURCH LIFE

SOMETHING'S A COOKIN' IN THE KITCHEN

It is exciting to see the changes as they take place in the kitchen. Last week the insulation and sheetrock were installed. This week is paint: today the primer went on and tomorrow the workers will finish the painting. Next week the light fixtures will be installed as well as the beverage counter.

According to Bill and Ruth, the final inspection on the range hood should happen next week and we will also purchase our stove and convection oven since we must have them for the inspection.

Additionally, the floor and countertop materials have been chosen and should be installed in two weeks.

We are blessed to have the Clarks managing this project and in just a few weeks we'll have ourselves a kitchen!

Wednesday - March 14



Friday - March 16



Today - March 22



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Worship

Learn

Connect

Serve

WORSHIP CELEBRATION

March 24, 2012
11:00 A.M.

"My Redeemer Lives"
"Everlasting God"

Welcome
Pastor Dennis Ray

Children's Story
Shelly Clement

Offering
Keith Tetz

"The Center of My Joy"
"Lord, I Give You My Heart"

Prayer
Peter Kemp

Special Music

Scripture: John 19:23-27
David Smith

"Solving an Ancient Mystery"
Pastor Ray

Benediction
Gale Bolinger

THIS WEEK AT A GLANCE

Tuesday, March 27

Facilities Committee Meeting 6:30 p.m.

Wednesday, March 28

Food Pantry Distribution 10:00 a.m.

Deadline for Bulletin info:

bulletinstaff@sunnysidesda.org 6:00 p.m.

Friday, March 30

Connections Bible Study Group – Maroa Room 6:30 p.m.

Sabbath, March 31

Sabbath School 9:30 a.m.

Worship Service 11:00 a.m. – COMMUNION

Oasis Group – Youth Room 5:30 p.m.

PREACHING SCHEDULE

March 31 - Pastor Ray

April 7 - Pastor Ray

April 14 - Pastor Ray

MONTHLY CONTRIBUTION SUMMARY

March Church Needs	\$29,000.00
Church Needs Donations	13,807.16
Over (Short)	(15,192.84)

Year to Date	\$87,000.00
Donations Received	51,778.19
Over (Short)	(35,221.81)

Youth Pastor Fund	\$14,203.23
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THIS WEEK'S OFFERING
Conference Faith Advance

SUNSET

This Friday
7:13 p.m.

Next Friday
7:19 p.m.

HEALTHY BYTES

Are You Falling for These Food Label Lies? - Part 7

by SHAPE Magazine



7. If the label says "reduced-fat" or "fat-free"...

While fats aren't the dietary demon they were made out to be in the past, many health-conscious consumers still seek out lower-fat or fat-free options. But since removing fat also removes flavor, many companies replace fat with sugar. This label is often used as a smoke screen to give an

otherwise unhealthy food, like gummy bears, an aura of health. Of course gummy bears have never been made with fat; they're pure sugar.

Avoid it: Don't be afraid to eat healthy fats in your diet. Even some saturate fats like those found in coconut oil and grass-fed dairy have significant health benefits. Plus, fat is satiating so in the end, you'll eat less and enjoy it more.

For more info on healthy solutions and recipes, contact Gale Bolinger at 974-2459 or at gale4health@comcast.net

MEMBERSHIP TRANSFERS*Second Reading*

Kelly Jordan from North Cascade Burlington, WA

Jason and Stephanie Saunders
from Fresno Westside;Pamela Simpson from Fresno Westside;
Bertram Simpson by Profession of Faith.**EASTER MORNING SERVICE**

Come and celebrate the Lord's resurrection with your church family at Sunnyside's 8th Annual Easter Service at the F A A Mansion picnic grounds. Join us for a scrumptious breakfast and fellowship starting at **9:30am, April 8** followed by a celebration in music and a short sermon. Bring your lawn chairs and picnic blankets. You'll want to bring your friends and family to this lovely outdoor gathering. Kids, don't forget your baskets for the Easter egg hunt!

**YOUTH EVENTS****April 12-15 – Annual Youth Trip**

The youth are planning an exciting trip to Mission Beach in San Diego. Cost is \$200 per person or \$250 for non-members. We will have two beachfront condos – one for the guys and one for the girls. The weekend will include kayaking, go-cart racing, bike rentals, beach volleyball, and surfing. On Sabbath we'll do a "morning walk on the beach with God" and an interactive discussion Sabbath School. For more information, contact Alexa Burkhart (765-5084), alexa.burkhart@yahoo.com.

EARLY YOUTH AT POVERELLO HOUSE

The Early Youth will serve lunch with the Meals on Wheels ministry this Sabbath. Kids, remember to wear your CSI t-shirt and bring a box of individually wrapped snacks to pass out. We'll have lunch together back at the church and parents can pick up their kids there. Parents: make sure you fill out & sign a permission slip.

Please submit your announcements of 50 words or fewer (in paragraph form) to: bulletinstaff@sunnysidesda.org. All info is due by 6:00 p.m. Wednesday. Bulletin staff reserves the right to edit text.

**FOOD PANTRY DISTRIBUTION
- NEXT WEDNESDAY**

Community Services will have its monthly food distribution **Wednesday, March 28 - 10:00am**. If you are in need or know of anyone in need of groceries, please feel free to come to the church that morning.

If you would like to assist on Tuesday morning with getting the food ready for distribution, please contact Printess Schlist (232-1194).

SMALL GROUP: OASIS

"Oasis" will meet Saturday evening 5:30–6:30 in the Youth Room to present the documentary "**Out of Cordoba**" directed by Jacob Bender exploring some of the most vexing questions of our time: Is there a "clash of civilizations" between the West and the Islamic World? Are Jews and Muslims eternal enemies, incapable of peaceful coexistence? Does religious faith lead inevitably to xenophobia and violence? This film explores the lives of two important thinkers to emerge from medieval Muslim Spain: Averroes the Muslim and his Jewish counterpart Rabbi Moses Maimonides as well as their contemporary importance for interfaith relations, and especially for Jews, Christians and Muslims struggling against religious extremism. This documentary is a timely and powerful plea for greater interfaith understanding in our troubled and often violent times. Please contact Diane Bertao 288-6308 for more info. You are ALL welcome!

**REFRESHMENT
TABLE HOST
NEEDED FOR
THIS SABBATH**

We do not have anyone to host the refreshment table this Sabbath. If you would like to host the table please call the church office (229-5501) ASAP. Other dates are available; Please sign up in the fellowship hall. Reimbursement is available.

**SMALL EASTER
ITEMS NEEDED**

Thank you to everyone who has donated eggs and other items for our Easter egg hunt. **Please donate items that will fit inside the plastic eggs** and all candy should be individually wrapped. There is a basket in the church foyer for the donations. Your generosity is very much appreciated and helps us keep our expenses low!

GETTING TO KNOW OUR FRIENDS AND FAMILY

WORSHIP

LEARN

CONNECT

SERVE



Rick and Michael Bullion



Blaine, Bob & Britney Gilbert

CHURCH ADDRESS

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website: www.sunnysidesda.org

HAPPY BIRTHDAY TO...

Jim Robison (3/24)
Zachary Wiest (3/24)
Ernie Cantu (3/25)
Karissa Eckhart (3/25)
Lanette Espinoza (3/25)
Ron Soloniuk (3/25)
Bill Brown III (3/26)
Isela Reza-Rogers (3/27)
Cory Colombini (3/29)
Donna Larsen (3/30)

**HAPPY ANNIVERSARY
TO...**

Calvin & Jessica Redman
(3/25)
Will & Joyce Reimer (3/25)
Felix & Gloria Ferrer (3/29)

THE LAST WORD**Why We Should Be Living for the Future Now**

by Mary DeMuth - taken from Michael Hyatt Intentional Leadership Blog

I love it when I get to spend time with my friend Randy Ingermanson who runs AdvancedFictionWriting.com. I always come away from our conversations challenged and changed. Our recent conversation happened in a hotel lobby in Dallas where he shared about something he learned about goal setting.

“When we make decisions based on fear,” Randy said, “we eventually won’t progress.” He likened it to making a decision to follow Jesus based on fear of hell. The farther away we move from the fear, the less sway the threat holds in our decisions to grow. The result? We stagnate because we’re farther away from what initially motivated us. However, if we live in light of what we will gain in heaven by leading a faithful life, that looming goal woos us onward. It compels us to change in light of the future—a far more proactive way to live.

It made me think of my own life, how I’ve made so many business decisions based on fear. Because I was being reactionary, I didn’t grow. Oswald Chambers wrote, “We mistake panic for inspiration.” But if I make goals based on who I want to become, those goals will entice me forward.

How can we apply this to our own entrepreneurial endeavors? Here are two ways:

1. Evaluate those times in your life when you reacted out of fear. What happened? What was your response? How did you fare in the aftermath? Do you regret what you did? What did you learn from your response in the long run? In what ways did you stagnate?

2. Envision what you want your professional (and personal) life to look like. Then work your way toward that goal. For instance, a looking-back goal based on fear would be something like, “I need to do anything I can to make money so I won’t be poor like I was as a child.” The farther away you move from that goal, the less you will grow, because you have nothing pulling you forward.

But if your goal is, “I want to come to the place where I can donate as much money as I can to charity,” you will be moving in forward momentum toward that goal.

So what about you? Picture your life five years in the future. See yourself as less harried, more intentional, and fully purposeful. You are living in the midst of your dream. What is that dream? Write it down.

Paint the picture of you joyfully pursuing what brings you deep satisfaction. Then place that dream in God’s hands, asking Him to woo you forward.

The past is gone. It cannot hold you. Present worries are poor motivators and eventually will fizzle in their ability to shape you for the long term.

But living your life in light of the future will change your perspective. It will move you from fear-based decision making to a joyfully proactive life where you anticipate the next step with joy.

Question: What decisions do you regret based on fear? What future goal would be powerful enough to move you forward?