

CHURCH ADDRESS

5375 North Maroa Avenue
Fresno, CA 93704

Phone: 559.229.5501
Fax: 559.229.5502

email: churchoffice@sunnysidesda.org
website: www.sunnysidesda.org

Sunnyside

Seventh-day Adventist Church
5375 N Maroa Fresno, CA 93704

RETURN SERVICE REQUESTED

HAPPY BIRTHDAY TO...

- Ben Isaacs (9/8)
- Arthur Mora (9/8)
- Delbert Swederofsky (9/8)
- Dalia Fauni-Ignacio (9/9)
- Bill Jamison (9/9)
- Cody Hickman (9/10)
- Leo Reijnders (9/10)
- Adam Fernandez (9/11)
- Gracie Frede (9/11)
- Rhoda Goertz (9/11)
- Deanna Donaghy (9/12)
- David Faridi (9/14)

THE LAST WORD

For God alone my soul waits in silence; from Him comes my salvation.
Psalm 62:1

HAPPY ANNIVERSARY TO...

- John & Alesia Sheffield (9/8)
- Daryl & Linda Slusher (9/8)
- Mark & Janelle Ward (9/12)
- David & Tyonna Marshall (9/13)

**FRESNO
SUNNYSIDE
SEVENTH-DAY
ADVENTIST
CHURCH**

SunnysideNews

WEEKLY NEWSLETTER

September 6, 2012

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

CHURCH LIFE

CHURCH RUMMAGE SALE

The Community Service staff is organizing a church rummage sale for next Friday, September 14. They will be at the church next week receiving items anyone would like to donate to the sale. Please see the announcement on page 3 for the hours to drop things off; special arrangements can be made for those who would like to deliver items outside those hours.

If you would like to volunteer, they are in need of your help. They can use a hand organizing and pricing on Tuesday, Wednesday and Thursday. On the day of the sale, they need assistants who will answer questions, help people carry things to their cars and keep an eye on the merchandise. Cashiers will also be needed. This could be a great opportunity for high school students to earn community service hours. Please contact Printess Schlist (232-1194), if you have time to help.

Large items can be picked up, if needed. Please contact Larry Schlist (232-1203) to schedule a time.

Our community has been blessed through your support of Community Services and the proceeds from this sale will be used to purchase food for our food pantry and other needs for those we serve.

In this week's issue...

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Worship

Learn

Connect

Serve

**WORSHIP
CELEBRATION**
September 8, 2012
11:00 A.M.

“Everlasting God”
“Our God”

Welcome
Bud Dickerson

Children’s Story
Shelly Clement

Offering

“Blessed Be Your Name”
“Just As I Am”

Prayer
Leo and Angela Reijnders

“My Life is in Your Hands”
Diana Mora

Scripture: Matthew 16:26

“How is it
With Your Soul?”
Pastor Dennis Ray

“It Is Well With My Soul”
Diana Mora

Benediction

THIS WEEK AT A GLANCE

Sunday, September 9

Drop-off Items for Rummage Sale 2:00 p.m.

Monday, September 10

Drop-off Items for Rummage Sale 10:00a.m. – 3:30 p.m.

Tuesday, September 11

Drop-off Items for Rummage Sale 10:00a.m. – 3:30 p.m..

Wednesday, September 12

Drop-off Items for Rummage Sale 10:00a.m. – 3:30 p.m.

Deadline for Bulletin info: bulletinstaff@sunnysidesda.org 6:00 p.m.

Thursday, September 13

Drop-off Items for Rummage Sale 10:00a.m. – noon.

Church Board Meeting 6:30 p.m. – Junior Room

Friday, September 14

Church Rummage Sale 8:00 a.m. – Maroa Rooms

Women’s Friendship Circle Lunch 1:00 p.m.

Sabbath, September 15

Sabbath School 9:30 a.m.

Worship Service 11:00 a.m.

Women’s Friendship Circle Lunch 1:00 p.m.

Youth Movie Night & Pool Party 6:30 p.m.

PREACHING SCHEDULE

September 15 - Pastor Ray

September 22 - Pastor Ray

September 29 - Pastor Ray

MONTHLY CONTRIBUTION SUMMARY

September Church Needs \$29,000.00

Church Needs Donations 3,506.52

Over (Short) (25,493.48)

Year to Date \$261,000.00

Donations Received 183,160.83

Over (Short) (77,839.17)

Youth Pastor Fund \$22,501.23

THIS WEEK’S OFFERING

Fall Mission Appeal

This Friday
7:19 p.m.

SUNSET

Next Friday
7:09 p.m.

HEALTHY BYTES

Simplify. Instead of being overly concerned with counting calories or measuring portion sizes, think of your diet in terms of color, variety, and freshness. This way it should be easier to make healthy choices. Focus on finding foods you love and easy recipes that incorporate a few fresh ingredients. Gradually, your diet will become healthier and more delicious.

One easy recipe that Rusty requests often is a Kale salad. Surprise your family with this delicious, HEALTHY, fast and easy recipe. Trader Joe and Costco even have Organic kale cut up and washed, ready to use!



Kale Slaw with Peanut Dressing (serves 4-5)

Toss 1 large bunch of **Kale**, very thinly sliced crosswise (about 5 cups); 1 yellow, orange, or red **Bell Pepper**, ribs and seeds removed. Halved crosswise and thinly sliced lengthwise; and 2 **carrots**, thinly sliced crosswise, in a large bowl. (be creative and add your own favorites)

Puree ¼ cup **grape seed or olive oil**, 2 T. **Cider Vinegar**, 2 T. **Salted Peanuts**, 1 T. **Turbinado Sugar**, and ¼ t. **coarse salt** in a blender until smooth.

Pour dressing over vegetables. Sprinkle with 2 T. **salted peanuts**, coarsely chopped. This slaw keeps for several days without wilting even with the dressing added. But good luck with that, once your family tastes it, it will be gone!

For more information on healthy solutions and recipes, contact Gale Bolinger at gale4health@yahoo.com (please note new email address)
I would like to remind you that these “Healthy Bytes” are my own suggestions and not medical advice.

ANNOUNCEMENTS

MEMBERSHIP TRANSFER

Second Reading: Kurt Logan from Fresno Westside.



CHURCH RUMMAGE SALE

Friday, September 14, 8am - 2pm

The sale will take place at the church. Please bring items you'd like to donate to the church:

Sunday - after 2:00 p.m.

Monday - Wednesday 10:00 am - 3:30 p.m.

Thursday - 10:00 a.m. - noon

Please contact Larry (232-1203), if you need large items picked up.



WOMEN'S FRIENDSHIP CIRCLE

We'd love to have you join us **September 15** for our monthly fellowship lunch. Call Lola Arteaga (323-6682) for more details or if you have any questions.

COURAGEOUS IN CHRIST

Soquel Men's Retreat, October 19–21 (\$75) Featured speakers: Alex Horton and Dr. Collin Ross. To register please contact the CCC office at 347-3176 or email ministries@cccsda.org.

September 15 – Movie Night & Pool Party
September 22 – Poverello House Street Lunch Ministry
September 29 – John's Incredible Pizza
October 6 – Parent Meeting



NEW WOMEN'S BIBLE STUDY

Soul Sisters Community Bible Study Fellowship will present another Beth Moore Series - "James: Mercy Triumphs." Join us on this incredible journey with Beth's newest 9-week Bible study beginning **Monday, October 1 at 6:00p.m.** in the sanctuary. This Bible study is free of charge; however, you will be required to purchase a "James: Mercy Triumphs" workbook available at Christian bookstores. For more information and registration log on to: www.jamesmercytriumphs.eventbrite.com.

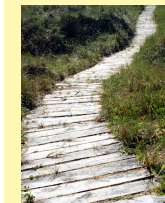


COMMUNITY SERVICES

Beginning **September 19**, Community Services will resume their Fall/Winter hours: open Wednesdays, 9:00 – 11:00 a.m. (closed 2nd & 5th Wednesdays).

SUNNYSIDE GRACE IN CONCERT

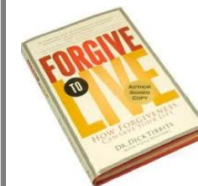
Make plans to come out and enjoy the music of Sunnyside Grace - **September 22 at 7:00p.m.** Refreshments will follow in the Maroa Rooms.



JOURNEY GROUPS

If you are interested in digging deeper and taking a closer look at what God's plan is for our lives, Sunnyside would like to invite you to join a Journey Group. Beginning the **week of September 16** for 8 weeks we will be using Pastor Ray's sermons as our discussion guides. If you feel led to be part of one of these groups please contact Becky Crouch (beckyotgirl@gmail.com) or Shelly Clement (shelly_clement@sbcglobal.net) or call the church office (229-5501). Groups are now forming. Groups are available for men, women, and mixed groups. We are looking forward to seeing what God has in store for each of us!

REFRAME YOUR LIFE WITH FORGIVENESS



Anger kills...everyday... through a host of ailments such as depression, stress, broken relationships and heart disease. Yet, its victims never know what hit them. Join us as we learn the life changing principles of forgiveness that have already started to change lives around the world. Don't miss out on your chance to put these principles to work to in your life - they just might save it. Discover how to forgive to live! This class will take place during the Sabbath School hour and is limited to 25 students. Contact Shelly Clement (shelly_clement@sbcglobal.net) or the church office (churchoffice@sunnysidesda.org or 229-5501) to sign-up. We will begin September 22.

CCC SINGLES' RETREAT

Join us **September 28–30** at Camp Wawona. Featured speaker will be Dr. Erylene Piper-Mandy. Praise & Worship will be led by Rico Balugo; special guest vocalist will be Ben Vega. Contact Marlyn or Susan at 347-3142 or email ministries@cccsda.org to register. \$75 per person (\$5 off, if you register with a group of five or more).

Please submit your bulletin and eNews announcements of 50 words or fewer (in paragraph form) to: bulletinstaff@sunnysidesda.org. All info is due by 6:00 p.m. Wednesday. Bulletin staff reserves the right to edit text.