# FRESNO SUNNYSIDE SDA CHURCH



Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events

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# **PASTOR'S NOTES**

Congratulations, Sunnyside Bowlers, on finishing another friendship-making & fun season. The new season starts in September and the league needs additional teams. If you'd like to join the Monday Night Church Bowling League, contact league president, Matt Estep (284-1604).



Dave Crouch (far back), Ron Estep, Bud Dickerson, Carlyn Murdock, Angela Reijnders & Matt Estep (front)









# WORSHIP CELEBRATION

May 2, 2009 11:00 A.M.

"Sunshine in My Soul"

## Welcome

**Bud Dickerson** 

"Great is the Lord"

"The Power of
Your Love"

"Change My Heart,
O God"

# Garden of Prayer

Angela & Leo Reijnders

# Children's Story

Todd Cornwell

## Offering

**Vocal Duet**Jessica Walker & Luis Razo

# Affirming the Grace of God

**lim Robison** 

## THIS WEEK AT A GLANCE

## TUESDAY, MAY 5

Pathfinder Clubs - Church 6:00 p.m.

### WEDNESDAY, MAY 6

Deadline for Bulletin info: bulletinstaff@sunnysidesda.org 6:00 p.m. Women's Bible Study – Marsh home 6:30 p.m.

Finance Committee Meeting

## FRIDAY, MAY 8

Health Vespers – Fresno Central Church 5:00 p.m.

## SABBATH, MAY 9

Meditative Service 8:30 a.m. Sabbath School 9:30 a.m. Worship Service 11:00 a.m.

### PREACHING SCHEDULE

May 9 — Ivan Morford

May 16 — Dan Kittle

May 23 — Pastor Ray

## MONTHLY CONTRIBUTION SUMMARY

April Approved Budget	\$18,300.00
Amount Received	13,391.85
Over (Short)	(4,908.15)
YTD Approved Budget	\$73,200.00
Amount Received	59.563.33

(13,636.67)

Youth Pastor Fund \$36,362.15 Children's Offering YTD \$1,614.38

## This Week's Offering:

Over (Short)

Local Church Budget

## **YOUTH EVENTS**

COMING UP...

VESPERS ON MAY 8 AT THE VAN PUTTEN HOME.
VESPERS ON JUNE 19 AT THE BARR HOME.

# HEALTHY BYTES

## Watermelon: Summer's best dessert.

It's nutritious – a 2-cup serving of fresh watermelon has nearly 5 times the level of lycopene as a medium fresh tomato: the red pigment lycopene has antioxidant properties that may help fight chronic disease. Lycopene also helps protect the skin from the sun. Watermelon also contains vitamins A, B6, C and potassium. Choose those with well-rounded ends that yield to pressure.

For more info on healthy solutions contact Gale at 974-2459 or email at <a href="mailto:gale4health@comcast.net">gale4health@comcast.net</a>

Join Gale's "Healthy Eating" cooking class every 2nd Monday of the month at 7pm.

# **ANNOUNCEMENTS**



# POTLUCK THIS SABBATH

Our potluck will feature Sandwiches/Wraps and Salads.

**A-M** please bring sandwiches or wraps and a dessert.

**N-Z** please bring sandwiches or wraps and a salad.

# SCRAPBOOKING THIS SATURDAY NIGHT

Ladies, please join us from 6:30-midnight, for an evening of scrap-booking, laughter, and of course – food. A light supper will be served. Bring a dessert to share, if possible. It will be held at the home of Karen Eckhart (251-3101). We would love to have you come for the whole time or even just a couple of hours.

LADIES NIGHT OUT features Dr. Bob Phillips in "Men Are Slobs & Women Are Neat (& other myths that destroy relationships). Bob Phillips is a licensed Marriage & Family Counselor and the author of over 100 books. Monday night, Nancy Van Pelt's home, call 325-2006 for info.

# A Big Thank You

"...to all the women who hosted a table at the Tea. This was our largest tea ever with I20 women. You were wonderful and the tables were beautiful as usual. I would also like to thank all the women of the ministry for the tribute and gift for Richard and me. I was totally taken by surprise. Again I must say, I have been so blessed by all the women I have served. I have received far more than I have ever given. We are already planning a weekend at the beach at our favorite hotel at Cambria and a time of refreshment. Thank you, thank you!" — Sherry

# IT'S TIME TO HONOR OUR GRADUATES

On May 30 Sunnyside will honor its 2009 graduates of eighth grade, high school, college, and advanced degrees. Please contact Angela Reijnders at 229-5501 or churchoffice@sunnysidesda.org with the name of the student, parents' names, grade or degree, and any special awards or recognition for the graduate. We also need a current photo and a baby/toddler picture of the gradu-



ate by May 26 for a slideshow presentation.

# FAA's GOT TALENT

Fresno Adventist Academy's Annual Talent Show is **tonight at 6:00 p.m.** in the Ricchiuti Auditorium. Come out and enjoy some great talent, while supporting the FAA senior class fund-raiser. \$4/ adults; \$2/kids or students;\$12/family. Purchase supper there also! Call 251-5548 with questions.

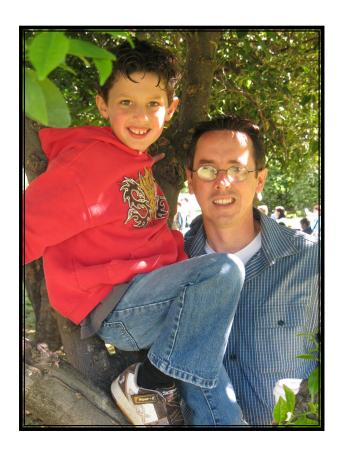
**HEALTH VESPERS** Dr. Larry Beeson, Epidemiology Program Director at Loma Linda University School of Public Health, will present a vespers program on **May 9 at 5:00 p.m.** at the Central Church (2890 E. Yale Ave). Dr Beeson is the co-investigator of the Adventist Health Study. His topics will include scientific research findings on the study of 34,000 Adventists, various lifestyles of Adventists, and the relationship between chronic disease and longevity. KMPH TV will be filming a portion of the program for a news report on Adventist Health. For more info please call 233-1171.

**FAMILY SEEKING SUMMER HOUSING** Sunnyside members — Ryan & Maria Ramey, music students in Santa Clarita, are looking for temporary housing - Jun 28 thru Aug 15. They have three young children and would like to rent two rooms while they work and attend school in Fresno this summer. If you can help this family, please call them at (818)438-1156.

# GETTING TO KNOW OUR FRIENDS & FAMILY Building Lives Through Relationships...

Lorie & Lenden Webb





Connor & Chad Fitzgerald

# THE LAST WORD

### Church Address: 364 East Barstow Fresno, CA 93710

### Office & Mailing Address: 5305 North Fresno Street Suite 102A Fresno, CA 93710

Phone: 559.229.5501 Fax: 559.229.5502 Email: churchoffice@sunnysidesda.org Website: www.sunnysidesda.org

# HAPPY BIRTHDAY TO...

Shawn Barreto (5/2) Michael Gillaspy (5/4) Gale Bolinger (5/5) Richard Marsh (5/5) Sharon Sackett (5/5) David Daggs (5/6) Jacqueline Hill (5/6) Mack Fulkes (5/7)

# HAPPY ANNIVERSARY TO...

Ron & Linda Estep (5/2) Sean & Sairene Patterson (5/4) Bob & Nancy Isaacs (5/5) Armando & Sherilynne Blanchet (5/7)

# IT WAS OVER by Jennifer Perkin

Middle School. For three long, hard years those two words meant only one thing to me: torture. It all started during my first week of school when I started taking the bus. My family was too poor to afford a car at the time, so that was my only way to get there without having to walk two and a half miles. As soon as I got onto the bus, things were different. The kids were acting like jerks!

Halfway to school, the kids had already started picking on the special needs kids who had been mainstreamed that year. They had already made fun of their looks and their weight when I couldn't take it anymore. I looked at David, the leader of the bullies, and said, "Hey! Shut up! How would you feel if someone did that to you?"

At that moment, I felt like I was on top of the world. The kids who were being picked on looked at me as if I were their hero. Even the bus driver stopped the bus to look at me. I thought that I had stopped the teasing when suddenly David looked at me with a mean smirk. "I don't know," he said, "How does it feel, FATTY?" That was when I became the center of their torment.

Every day when I got on the bus, I had to deal with them. I had gum stuck in my hair, food thrown at me, and I was called the cruelest and most disgusting names. Sometimes, the bullies would even take my backpack from me and throw it outside. They would watch me run after it from the windows. As a result of all the bullying, my grades suffered terribly. I went from having all As and Bs, to having Ds and Fs. I was miserable. All I wanted to do was go back to elementary school where I felt safe and happy.

When my mom finally bought a car, and was able to drive me to school, I thought that things were going to get better. I was wrong. I had become the bullies' little pet. They made fun of me every day in the hallway. They would wait for me to do something that they could tease me for. I had practically no friends because nobody wanted to hang out with the butt of everyone's teasing. I was all alone. I felt as if I were holding the weight of the world on my shoulders.

During this lonely period, I started writing. I would write horror novels and sequels and prequels to books that I had read. It was my only form of escape. One day, in Language Arts class, our assignment was to write a dragon slayer novel. Just when I was about done writing my story, the kid who sat next to me grabbed it and started to read it. I half expected him to tear it up when he looked at me and said, "Hey, this is pretty good! My name is Ricky. You're Jennifer, right?"

When Ricky said those words, he made me one of the happiest people in the room. That day, I felt like I was walking on sunshine. I had lunch with him and his friends that day. We talked about our favorite horror movies, books, and the math teacher that all of the sixth graders thought was evil. We also talked about the bullies. We all bonded together over how hurt we were by them. Somehow, we all understood each other. We could joke around and be ourselves and not try to fit in.

After a whole long year of torment, I felt wanted. I was no longer being teased. It was finally over.