FRESNO SUNNYSIDE SDA CHURCH



Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events

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PASTOR'S NOTES

PROGRESS REPORT ON OUR NEW CHURCH

A steering committee met on May 27 to draft a recommendation on the formation of a program development committee to be presented at the June 11 church board meeting. The committee will assess the needs of the church and present their findings to the architect (yet to be determined) so plans can be made for renovation. We are in the process of forming several committees to get our new church off to a great start. It will take many hands to transform this property, so don't be surprised if you are called upon to participate. A fundraising committee, under the leadership of Todd Bristol, is being developed so get ready to flex your fundraising muscles! The church board also voted to appoint Garry Clark to head the Remodeling Committee.

Our goal is to celebrate Thanksgiving in our new home. Stand by for more breaking news, and prayerfully consider how you might contribute to our exciting move! Thanks!

WORSHIP CELEBRATION

June 6, 2009 11:00 A.M.

"The Solid Rock"

WelcomeBud Dickerson

"Lord, I Lift Your Name on High" "Shout to the Lord" "Have Thine Own Way"

Garden of Prayer Desrie van Putten

Ministry Minute Kristi Burkhart & Sherry Marsh

Children's Story
Tina Cornwell

Offering

Scripture: Jeremiah 18:1-6 Daryl Slusher

I am His Thrice Zaher Estassi

THIS WEEK AT A GLANCE

PREACHING SCHEDULE

WEDNESDAY, JUNE 10

Deadline for Bulletin info: bulletinstaff@sunnysidesda.org 6:00 p.m. Personnel Committee Meeting – Church Office 7:00 p.m.

THURSDAY, JUNE 11

Church Board Meeting 6:30 p.m.

SABBATH, JUNE 13

Meditative Service 8:30 a.m. Sabbath School 9:30 a.m. Worship Service 11:00 a.m.

To Be Announced

MONTHLY CONTRIBUTION SUMMARY

May Approved Budget	\$18,300.00
Amount Received	19,244.42
Over (Short)	944.42
YTD Approved Budget	\$91,500.00
Amount Received	78,807.75
Over (Short)	(12,692.25)
Youth Pastor Fund	\$37,337.15
Church Building Fund	\$833,162.21

This Week's Offering:

Local Church Budget

HEALTH BYTES



QUINOA (pronounced Keen-wah) This seed has a flavor that grows on you. You have to take more than one bite! By the end of the bowl you are going to want more. The quinoa seed is high in protein, calcium and iron, a relatively good source of vitamin E and several of the B vitamins. It contains an almost perfect balance of all eight essential amino acids needed for tissue development in humans. The protein in quinoa is considered to be a complete protein due to the presence of all 8 essential amino acids. Try substituting quinoa for rice or barley in casseroles and

soups. You can purchase quinoa at health food stores and Costco now has Organic Quinoa in their grain section.

A break from oatmeal:

2 cups orange juice

I t. maple syrup or raw honey

1/8 t. sea salt

I 1/3 c. quinoa, well washed

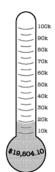
2 T. pecans, roasted and chopped very fine

Combine the juice, honey and salt in a medium saucepan over high heat and bring to a boil. Watch closely to keep the juice from boiling over. Add the quinoa, cover, lower heat, and simmer for 12 to 15 minutes, or until all the juice has been absorbed. Remove from heat and let rest for 5 minutes. Add the pecans and fluff with a fork. Makes $3\frac{3}{4}$ cups.

For more info on healthy solutions contact Gale at 974-2459 or email at gale4health@comcast.net

Join Gale's "Healthy Eating" cooking class every 2nd Monday of the month at 6:30pm.

ANNOUNCEMENTS



SUNNYSIDE CHURCH RENOVATION

We challenge each church member to join us as we raise \$100,000 cash by the close of Escrow on **June 18**. \$19,504.10 cash has already been raised! Please prayerfully consider what you can do, and place a gift in the offering plate. Mark your tithe envelope "New Church Home."

MEMBERSHIP TRANSFER

First Reading: Donna Cotton from Dinuba.

POTLUCK — THIS SABBATH

June 6, our potluck will feature Sandwiches/Wraps and Salads.

A-M please bring sandwiches or wraps and a salad.

N-Z please bring sandwiches or wraps and a dessert.

No Parents' Pow-wow this week



REFRESHMENT HOSTS NEEDED

The opportunity is still open to host the refreshment table. If you would like to volunteer, please contact Judi Krogstad at drjudi@sbcglobal.net or 225-3650.

MARTY HAGGARD—LIVE IN CONCERT

Marty Haggard will perform a free concert at the Westrock Baptist Church — 5676 West Belmont Avenue — this Saturday evening at 7pm.

Marty was born & raised in Bakersfield and began his career with this father, country music singer, Merle Haggard. In 1998 he began touring the country playing churches and Christian events.



SAVE THIS DATE FOR VBS — AUGUST 3-7

Make plans to attend Vacation Bible School this Summer!

Volunteers are needed! We need help with set construction and decorations. And, if you'd like to have a fun-filled, adventurous week with 200+ kids, we'd love to have your help, too! Contact Angela (994-5502) or Leo(994-5588).



SUMMER CAMP AT WAWONA

The conference office will pay 2/3 of your child's summer camp expenses for a

week at Camp Wawona, June 21-August 2. E-mail GetWebb@gmail.com for details (\$107.50 is the parent/child's portion).

Youth Vespers

Make plans now to attend the next Vespers at the Barr home—Friday, June 19.

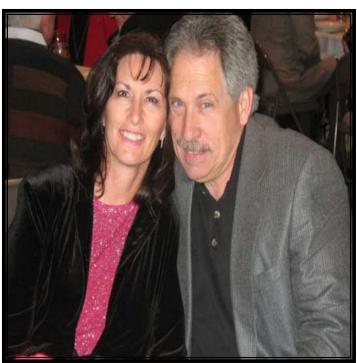
ADVENTIST SINGLE ADULT MINISTRIES CONVENTION

It's not too late to sign up for the 2009 Adventist Single Adult Ministries Go Deeper" convention for the early-bird rate of \$149 per person. The convention is scheduled for July 2–4 at the Newport Beach Marriott in Newport Beach, CA. Don't miss out on powerful speakers like Jose Rojas and John McVay, fellowship opportu-nities, ministry training and more. To register, visit www.plusline.org and click on "events" or call 800.732.7587.

GETTING TO KNOW OUR FRIENDS & FAMILY Building Lives Through Relationships...

Michelle & Paul Riley





Kathie & Pete Jones

THE LAST WORD

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HAPPY BIRTHDAY TO...

Monica Estep (6/6) Curtis Gilbert (6/7) Daniel Haldeman (6/8) Frances Jamison (6/8) June Swederofsky (6/9) Lily Delgado (6/10) David Frazer (6/10) Andrew McEowan (6/10) Austin Ford (6/11) Desrie vanPutten (6/12)

HAPPY ANNIVERSARY TO...

Trent & Julie Jaeckel (6/6) George & Linda Messing (6/7) Rusty & Gale Bolinger (6/9) Dan & Vonda Kittle (6/10) Robin & Lesley Ford (6/11) Patrick & Debbie Anlauf (6/12)



"When we do the best we can, we never know what miracle is wrought in our life, or in the life of another." -- **Helen Keller**

"If you want to achieve excellence, you can get there today. As of this second, quit doing less-than-excellent work." -- **Thomas J. Watson**

"Winners have the ability to step back from the canvas of their lives like an artist gaining perspective. They make their lives a work of art – an individual masterpiece." -- **Denis Waitley**