



Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events

WEEKLY NEWSLETTER

JULY 8, 2010

PASTOR'S NOTES

JIM BASS GOLDEN HEART AWARD

For the past seven years, Judi Krogstad has been part of a group that serves meals to the families staying at the Ronald McDonald House associated with Children's Hospital Central California. The group is composed of individuals from four local SDA churches: Oakhurst, Fresno Spanish, Fresno Central, and Sunnyside. Once each month, Judi prepares food for 35 people and delivers it to the Ronald McDonald House. Because of the work of Judi and the other churches, Sunnyside was recently awarded the Jim Bass Golden Heart Award.

RENOVATION UPDATE

We now have carpet in the sanctuary and church offices! Next week, the pews will be refinished.

CAMPMEETING

The 2010 edition of Soquel campmeeting begins next Thursday and continues through Sunday, July 24. Pastor Cal and I will be gone July 14-24. The church office will remain open during campmeeting. For more information regarding all things campmeeting-related, please go to <http://ccc.adventist.org/soquel-camp-meeting-home-page>.

BAPTISM

If you are interested in being baptized this summer at Shaver Lake, please contact me at dennis@sunnysidesda.org or 559-647-9485.

PRAY FOR STRENGTH

Arland Finney is driving to Idaho today to play at the funeral of his sister-in-law, Thain Finney, who passed away suddenly and unexpectedly this week due to a stroke. She was in her mid-50s and perfectly healthy, so her sudden passing is quite a shock to the family. Thain and Loren Finney, Arland's brother, have visited Sunnyside several times. Arland's request is that we pray for him and the family to have strength as they cope with Thain's death.

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WORSHIP CELEBRATION

**July 10, 2010
11:00 A.M.**

*“Lord, I Lift
Your Name on High”
“Oh, How I Love Jesus”*

Welcome
Pastor Dennis Ray

Children’s Story
Ron Fitzgerald

*“Above All”
“He Knows My Name”*

Prayer
Bud & Dianne Dickerson

“Beautiful”
John & Marilee Relp

Offering

Footwashing

Homily
Pastor Ray

Communion

THIS WEEK AT A GLANCE

SUNDAY, JULY 11

VBS Construction Begins! – Community Center 7am — 10am (*breakfast served*)

WEDNESDAY, JULY 14

Deadline for Bulletin info: bulletin-staff@sunnysidesda.org 6:00 p.m.

SABBATH, JULY 17

Sabbath School 9:30 a.m.
Worship Service 11:00 a.m.

Sunset

*This Friday
8:22 p.m.*

*Next Friday
8:18 p.m.*

PREACHING SCHEDULE

July 17 — Gilbert Barr

July 24 — Jim Robison

July 31 — Pastor Ray

MONTHLY CONTRIBUTION SUMMARY

July Approved Budget	\$21,400.00
Amount Received	869.00
Over (<i>Short</i>)	(20,531.00)
YTD Approved Budget	\$149,800.00
Amount Received	85,800.34
Over (<i>Short</i>)	(63,999.66)
Youth Pastor Fund	\$15,490.00
Church Building Fund (<i>Loans</i>)	(\$419,200.00)
Children’s Story Offering	\$4,523.19

This Week’s Offering



Women’s Ministries

YOUTH EVENTS



Tomorrow — Lake Day & Vespers at Pine Flat

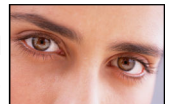
- ♦ Meet at the new church at **8:00 am sharp!!**
- ♦ Lunch & dinner will be provided.
- ♦ Bring: Swimsuit, sunscreen, towel, change of clothes, hat, etc.
- ♦ Don’t bring: cameras, iPods, cell phones or other electronics
- ♦ Drop-off time at the church will be 10:00pm.

Go to the youth website at <http://sunnysideyouth.com> to take a look at other things the youth are up to...

HEALTHY BYTES

Feed your eyes. The four groups of nutrients that feed the retina are carotenoids (lutein and zeaxanthin), flavonoids, vitamins, and omega-3s. The best sources of lutein and zeaxanthin are kale, spinach, Swiss chard, green peas, corn and summer squash. You need 6 to 10 mg. daily. You get the equivalent of this by eating a cup of greens three times a week.

“SEE” Foods: salmon, blueberries, spinach, kale, Swiss chard, collard greens, green peas, bell peppers, pumpkin, zucchini, red grapes, nuts, yellow corn, broccoli, carrots, egg yolk.



For more info on healthy solutions and recipes, contact Gale Bolinger at 974-2459 or email at gale4health@comcast.net

ANNOUNCEMENTS

FUNDRAISING THRU EBAY

We are excited to announce that we now have an ebay account "sunnysidesda" set up for fundraising online. Find us on ebay and check out what we have for sale. We need your help to make it a success by donating small items that will sell quickly, package easily, and raise at least \$25 or more. A donation form is available on the church web site that, when completed and returned with your donation, will greatly increase our chances for success and speedy sale. Contact Rod Turley, Pat Lutz, or Maxine Smith for details on how to donate and help raise much needed funds for our new church.

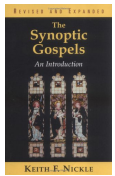


MEMBERSHIP TRANSFERS

First Reading: Gerhard van Wyk from Chowchilla and Emilie van Wyk from Madera.

**OUR NEW CHURCH ADDRESS IS
5375 N. MAROA AVENUE -
FRESNO, CA 93704**

Please send all mail to this address.



ADULT SABBATH SCHOOL BOOK

On **July 24** the adult Bible study discussion Sabbath School class will begin "The Synoptic Gospels" by Keith Nickle. Everyone is welcome to join. We have 30 used copies of the book we bought for \$2-5.



YARD SALE IS BACK ON!

The long-awaited 2nd Sunnyside yard sale is finally going to happen on **Sunday, July 25** at Fresno Adventist Academy in the gym. We need all your good usable items. Clothes must be clean and in new or almost new condition. Please price your collectibles and antiques, if possible. We had such awesome support last year and we're excited about working with you again this year. If you have any questions, please email Larry and Printess Schlist (schlist@msn.com) or call 232-1194.



SHAVER WEEKEND

Our annual "Church in Shaver" will be **Sabbath, August 21**. The email address for those wanting to reserve a campground is camped@sce.com and the Web site for Camp Edison is www.sce.com/campedison. There may still be spaces available.



REGISTER ONLINE FOR VBS



Vacation Bible School this Summer
July 26-30 (8:30 – 11:45a.m.)

Follow this link to fill out our online registration form <http://www.vacationbibleschool.com/SunnyHope/> and mail your check made payable to "Sunnyside SDA Church" Our program is for ages 4 yrs. thru 6th grade. The cost is \$25 per child or a maximum of \$50 per family.

If you'd like to volunteer as a teacher, crew leader or 7th/8th grade helper, please call Angela (994-5502 or 229-5501).

CRAFT & SNACK ITEMS NEEDED FOR VBS

Please take cards off the VBS bulletin board posted in the foyer and donate the items requested for our program this year.



VBS CONSTRUCTION BEGINS SUNDAY MORNING

Please meet this Sunday morning at 7:00am to help unload the VBS container before the heat hits! Breakfast will be served.

Also, we'll work Monday-Thursday from 5-9pm. If you'd like to help out or have questions contact Leo (994-5588) or Angela (994-5502) or talk with them at church.

GETTING TO KNOW OUR FRIENDS & FAMILY
Building Lives Through Relationships...



Kenny & Patty Lay

Vonette Finkbeiner



THE LAST WORD

Church Address:
364 East Barstow
Fresno, CA 93710

Office & Mailing Address:
5375 North Maroa Avenue
Fresno, CA 93704

Phone: 559.229.5501
Fax: 559.229.5502

Email: churchoffice@sunnysidesda.org
Website: www.sunnysidesda.org

HAPPY BIRTHDAY TO...

Mike Frazer (7/10)
Steve Peterson (7/10)
Teresa Tolmosoff (7/10)
Lana Patterson (7/11)
Julie Goodwin (7/12)
Robert Montgomery (7/12)
Irma Carpenter (7/13)
Taylor Vaughn (7/13)
Carol Wagenleitner (7/13)
Mitchell Webb (7/13)
Victoria Wiest (7/13)
Ian Batty (7/14)
Adrian Messing (7/14)
Pamala Williams (7/14)
Jean Campomanes (7/15)
Helen Banuelos (7/16)
Robert Fritz (7/16)
Michelle "Shelley"
Hudler (7/16)

HAPPY ANNIVERSARY TO...

Anthony & Feliciano
Wong (7/11)
Art & Nancy Colaso-
Fernandez (7/13)

We convince ourselves that life will be better once we are married, have a baby, then another. Then we get frustrated because our children are not old enough, and that all will be well when they are older. Then we are frustrated because they reach adolescence and we must deal with them. Surely we'll be happier when they grow out of the teen years.

We tell ourselves our life will be better when our spouse gets his/her act together, when we have a nicer car, when we can take a vacation, when we finally retire. The truth is that there is no better time to be happy than right now. If not, then when?

Your life will always be full of challenges. It is better to admit as much and to decide to be happy in spite of it all. For the longest time, it seemed that life was about to start. Real life. But there was always some obstacle along the way, an ordeal to get through, some work to be finished, some time to be given, a bill to be paid. Then life would start. I finally came to understand that those obstacles were life. That point of view helped me see that there isn't any road to happiness. Happiness IS the road.

So, enjoy every moment. Stop waiting for school to end, for a return to school, to lose ten pounds, to gain ten pounds, for work to begin, to get married, for Friday evening, for Sunday morning, waiting for a new car, for your mortgage to be paid off, for spring, for summer, for fall, for winter, for the first or the fifteenth of the month, for your song to be played on the radio, to die, to be reborn... before deciding to be happy. Happiness is a voyage, not a destination. There is no better time to be happy than... NOW!