



*Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events*

WEEKLY NEWSLETTER

OCTOBER 14, 2010

## PASTOR'S NOTES

### **MICHELLE HUDLER SURGERY**

Last month, Michelle had surgery to place a shunt in her spinal column. Her body was producing too much spinal fluid and it was creating severe pressure on her brain. The surgery was successful and Michelle was experiencing less pain as well as restoration of her deteriorated vision. However, a week ago she started to have terrible pain in her back and she felt something pop. Tests revealed that the shunt had slipped and twisted into a knot, making it completely ineffective. Michelle began to lose feeling in her limbs and her vision deteriorated. On Tuesday, she had surgery at UC San Francisco and the shunt was put back in place. Since then, her vision has begun to stabilize and she is getting feeling back into her limbs. It is still not known whether the slipped shunt caused permanent damage. Michelle is hoping to be discharged in the next day or two. The Ward family asks that we continue to pray for Michelle and her recovery.

### **COMMUNITY SERVICE**

Are you involved in community service? If so, please let us know by replying to this message or contacting the church office. We are compiling a list of all the community service ministries conducted by members of our congregation.

### **BYOB**

Bring Your Own Bible...to church on Sabbath. Since we no longer had video screens in the sanctuary to project Scripture passages and we have yet to purchase pew Bibles, please bring your own to church.

**In this week's issue...**

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## WORSHIP CELEBRATION

**October 16, 2010  
11:00 A.M.**

**“Praise Him!  
Praise Him!”  
“We Fall Down”**

**Welcome**  
Pastor Dennis Ray

**Ministry Minute**  
Dianne Dickerson

**Baby Dedication**  
Corbin Priest

**“God Will Make a Way”  
“Cares Chorus”**

**Prayer**  
Bud Dickerson

**Scripture**  
**Jeremiah 29:11-13**  
Dianne Dickerson

**“The Plans I Have  
for You”**  
Pastor Ray

**Offering**

**Benediction**

### THIS WEEK AT A GLANCE

#### WEDNESDAY, OCTOBER 20

Deadline for Bulletin info: bulletin-staff@sunnysidesda.org 6:00 p.m.  
Women’s Bible Study 6:30 p.m.

#### FRIDAY, OCTOBER 22

Cradle Roll Potluck – Maroa Room 6:00 p.m.  
Vespers 6:30 p.m.

#### SABBATH, OCTOBER 23

Sabbath School 9:30 a.m.  
Worship Service 11:00 a.m.  
Youth Canned Food Drive & Mini Golf Tournament 3:00 p.m.

#### Sunset

*This Friday*                      *Next Friday*  
6:24p.m.                              6:14p.m.

### PREACHING SCHEDULE

**October 23** — Pastor Ray  
**October 30** — Pastor Cal  
**November 6** — Youth Sabbath

### MONTHLY CONTRIBUTION SUMMARY

<b>October</b> Approved Budget	\$28,000.00
Amount Received	6,701.27
Over (Short)	(21,298.73)
<b>YTD</b> Approved Budget	227,200.00
Amount Received	144,220.90
Over (Short)	(82,979.10)
Youth Pastor Fund	\$15,968.97
Building Fund Balance	\$11,112.98
Children’s Story Offering	\$6,668.43

This Week’s Offering  
**Local Church Budget**

## YOUTH EVENTS

### COMIN’ UP...

- October 15: Jam Session
- October 22: Friday Vespers
- October 23: Canned food Drive & Miniature Golf tournament

*Check out more youth stuff at [sunnysideyouth.com](http://sunnysideyouth.com)*

## HEALTHY BYTES



### SODA

There’s not much good news to relate about soda. Both the high-fructose corn syrup in regular soda and the artificial sweeteners in the diet varieties may kick your pancreas into overdrive, which boosts insulin levels and causes weight gain. Research last year from the American Chemical Society found that chemicals in beverages sweetened with high-fructose corn syrup (called "reactive carbonyls") may increase the risk of diabetes. In addition, the caffeine and phosphoric acid in colas (regular and diet) may thin the bones of those who frequently consume them. The aspartame in diet soda triggers the brain to stimulate the appetite which defeats the whole purpose of drinking diet soda! (resource: MSN health and fitness)

For more info on healthy solutions and recipes, contact Gale Bolinger at 974-2459 or email at [gale4health@comcast.net](mailto:gale4health@comcast.net)

## ANNOUNCEMENTS

### SAVE THE DATE: OCTOBER 30

...is our annual Harvest Carnival at the Esteps' home. You won't want to miss this popular, fun-filled family event!

Hay rides, music from Sunnyside Grace, paintball, bounce house & slide, face painting, pumpkin bowling, funny costumes, great food and lots of fun!

Stay tuned...more information is coming soon.



### YOUTH FOOD DRIVE & SDA-PGA

Plan to join us next Sabbath for a canned food drive followed by the SDAPGA. Leaving from the church at 3:00 p.m., we will be collecting cans for our local food pantry, followed by pizza and drinks at the church and a mini-golf tournament. Cost is \$4/-person. Prizes include 1st, 2nd and 3rd for the tournament, and a special prize for the "best dressed." Traditional golfing attire is highly recommended and encouraged! There will be time to change into your golfing gear before the tournament. Hope to see you there!



### FLOWERS FOR THE SANCTUARY

If you'd like to sponsor the floral arrangement for worship service, a sign-up sheet is available in the church foyer. You can sponsor them in honor of an anniversary, birthday, or in memory of a loved one. Your donation of \$60 will cover the cost of the floral arrangement that is purchased each week. Please put your check in the offering plate and be sure to write "flowers" in the memo.

### ANOTHER CHANCE TO GET YOUR PICTURE IN THE NEW CHURCH DIRECTORY

If you were not able to have your photo taken for our new directory, you may get another chance to do so. Please contact the church office (229-5501) for info on where to go for your photo session or how you can submit a photo of your own.

### MEMBERSHIP TRANSFERS

#### Second Reading

Karen Powell from Central Valley.  
Ryan and Maria Ramey to Norwalk;  
Jennifer Sahly Weesner to Paradise.

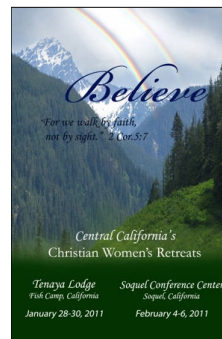
### NEW DIRECTORY IS COMING SOON

Please make sure that your address info is up to date in our database.

### SENIOR CITIZEN SEMINAR

Ah, the Golden Years...even as the body gives way, our spirit can be infused with new life and purpose. Come – we'll have an unforgettable afternoon! October 30 at Modesto Parkwood Church and December 11 at Milpitas Church, 3:00–6:00 p.m. Speakers: Rene Quispe Ph.D., Silvia Flores C.S.P.G., and Pr. Steve Horton. Sponsored by Central California Conference Church Ministries.

### CCC WOMEN'S RETREATS

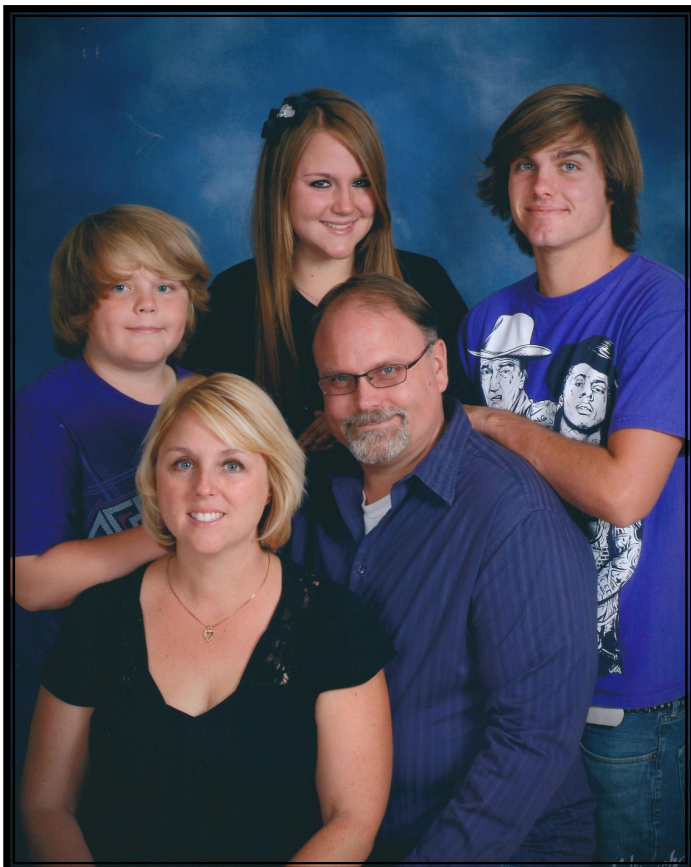
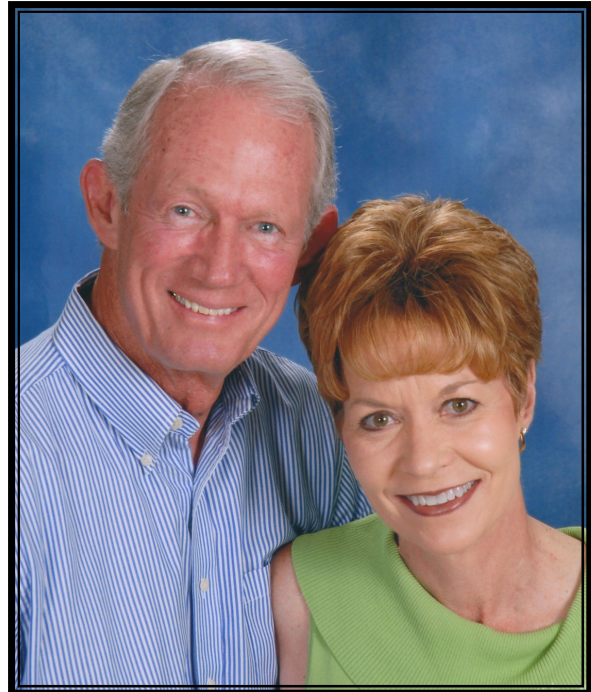


Plan to attend one of CCC Women's Retreats. The retreat dates are **January 28–30, 2011 for Tenaya Lodge** and **February 4–6, 2011 at Soquel Conference Campground**. The

featured speakers at Tenaya Lodge will be Vicky Coe and Audrey Graham; and the Soquel Retreat Speakers will feature Mariellen Reiber, Liz Chacon and Yolanda Leamon. These women have great testimonies that they want to share. We believe your Heavenly Father has blessings in store for you! Please ask Him if you should go. There are a limited number of \$100 scholarships available to CCC SDA women who have never attended the Tenaya retreat and \$35 scholarships for women who have never attended the Soquel retreat. Contact Pat Curtis at 642-2396 for more information.

**GETTING TO KNOW OUR FRIENDS & FAMILY**  
*Building Lives Through Relationships...*

**Bob & Vicki  
Anderson**



**Tina & Todd  
Cornwell**  
with their children  
**Jayson, Melissa & Nik**

## THE LAST WORD

### A Wrinkled Kiss...

I was not nervous, but neither did I know what to expect. I was taking my children to a nursing home to serve the residents. It was an opportunity presented through a group of people in my church who regularly reached out in love to the elderly. Though my children, ages seven and five, had not been around older people very often, I was pretty sure they would be comfortable enough to interact positively without being too frightened.

We were asked to help the residents paint a pot for their garden, and then serve cookies and coffee. My kids are always up for a craft project, and anything having to do with paint especially excites them. They gladly plopped down at one of the tables next to the residents and began to paint little animals onto the clay pots, with minimal apprehensive glances at the shaking hands painting beside them.

It was during "snack time" -- as my son, Josiah, endearingly referred to it -- that I was stunned and filled with pride all at once. After passing out cookies, my children finished their crunchy sweets in no time, and began to follow me as I meandered and mingled among the residents. If you've ever been to a nursing home, you'll be able to relate to the fragrant wet-diaper-mixed-with-antiseptic-soap-and-Bengay smell that permeated our noses, even as we tasted the cookies. For me, a former certified nursing assistant, it was no big deal, but I feared that my kids and their hypersensitive young noses were not going to tolerate the environment much longer.

It was then, while I was predicting how many more minutes they would last before whining to go home, that I observed one of the most beautiful things I've ever seen. No matter how long I live, I'll never forget it.

One particularly fetid woman had taken a fancy to my son, even being so bold as to hold his hand and squeeze his cheeks. (My son is extremely handsome, bearing the cutest freckles splayed across his sweet little face.) She would beckon him over to her if he wandered too far away. The lines were etched so deeply in her face that I guessed she must have been at least ninety-five years old. Her hands held the beauty of age spots and long, twisted fingers that shook when she reached up to touch him. I was just about to retrieve our jackets and tell them it was time for us to leave when this lovely, endearing woman pointed to her face and puckered her lips to ask him for a kiss.

I felt my eyes widening in curiosity at what he would do. While I could not condone any disgust or rudeness from my son, neither could I force him to do anything awkward or embarrassing. And while I stood there pondering my next move, Josiah amazingly and without hesitation reached out, braced his hand on her wheelchair, and puckered his own pink lips to meet hers. Gentle. Sweet. Unafraid. A smile filled her ancient face, and her delight shone just as bright as if she were decades younger. My charming son could not help but smile in response...

We left that day different from when we had arrived. God had revealed His tender love through my son's courage and grace. It is a wrinkled kiss I'll never forget.

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Website: [www.sunnysidesda.org](http://www.sunnysidesda.org)

**HAPPY BIRTHDAY  
TO...**

David Dunbar (10/17)  
Jacob Wong (10/17)  
Orin Hirschhorn (10/18)  
Alan Mitchell (10/18)  
Clif vanPutten (10/18)  
Agnes Constable (10/19)  
Mary Riley (10/19)  
Karen Blackwell (10/20)  
Larry David (10/20)  
Pamela Pillor (10/20)  
Neal Rogers (10/20)  
Maria Smith (10/20)  
Melissa Fulkes (10/21)  
Sarah Goodwin (10/21)  
Rod Turley (10/21)  
Matthew Bobbitt (10/22)  
Jordan Fritz (10/22)  
Christiana Kerbs (10/22)

**HAPPY ANNIVERSARY  
TO...**