

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events

PASTOR'S NOTES

SEASONS OF THE SOUL

The Sabbath, I will preach about Fall. It is the fourth and final part of the "Seasons of the Soul" sermon series.

HONORING LAURA WILLIAMS-SCHULTE



Family and friends of Laura Williams-Schulte will gather at Sunnyside on Sabbath to worship with us and remember Laura's life. It has been just over a year since Laura's sudden and tragic death. Since Sunnyside is where Laura grew up, her friends and family decided to meet here this weekend. We're especially pleased that Don and Peggy Williams will be here and that Peggy will help lead us in worship. Following the worship service, there will be a light meal served in the Maroa Room. All are invited to stay for food and fellowship.

FLESH-AND-BLOOD SPIRITUALITY:

HONORING THE BODY AS A SPIRITUAL PRACTICE

I enjoy reading the blog of Ruth Haley-Barton, founder and president of the Transforming Center in Illinois. One of her recent posts is about the importance of the body in our spiritual formation.

"Surprisingly enough, it was in the process of staying faithful to my spiritual journey that I first began to face my profound ambivalence about life in a body. At the ripe old age of thirty, I could no longer ignore the fact that I was tired, lethargic and somewhat depressed. Thinking that my lethargy and lack of enthusiasm for life were psychological or spiritual in nature, I went to a psychologist who was also a spiritual director. To my surprise, some of our initial conversations had to do with my physical condition: eating patterns, water intake, how much sleep I was getting, whether I was getting any exercise, and general attention to health issues. Even though I had been paying attention to the condition of my spiritual life for years, no one had ever called any serious attention to the connection between my physical well-being and my life in Christ. This was something of a revelation!"

Worship

Teach

Connect

Serve

In this week's issue...

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WORSHIP CELEBRATION

**June 25, 2011
11:00 A.M.**

**“Heaven Came Down
and Glory Filled My Soul”
“Love Lifted Me”**

**Welcome
Pastor Dennis Ray**

**Children’s Story
Tina Cornwell**

Offering

**Remembering
Laura Williams-Shulte**

**“He’s Been Faithful”
Garry Clark**

**“He is Exalted”
“The Spirit Song”
“O, Lord You’re
Beautiful/Spirit of the
Living God”**

**Prayer
Jim Robison**

**“Fall”
Pastor Ray**

**“Thankful”
Linda Cantu-Paoli**

Benediction

THIS WEEK AT A GLANCE

MONDAY, JUNE 27
VBS Volunteer Training & Dessert – Hope Lutheran Gym 6:30 p.m.
The GROUP Leaders Meeting – Youth Room 7:30 p.m.

TUESDAY, JUNE 28
Facilities Committee Meeting – Youth Room 6:30 p.m.

WEDNESDAY, JUNE 29
Youth Hang Out – Youth Room 4:00 p.m.
Deadline for Bulletin info: bulletin-staff@sunnysidesda.org 6:00 p.m.

FRIDAY, JULY 1
Youth Jam Session – Sanctuary 5:30 p.m.

SABBATH, JULY 2
Sabbath School 9:30 a.m.
Worship Service 11:00 a.m.
The GROUP – Sanctuary & Maroa Room 5:30 p.m.

PREACHING SCHEDULE

**July 2 — Pastor Ray
July 9 — Pastor Ray
July 16 — Gilbert Barr**

MONTHLY CONTRIBUTION SUMMARY

June Church Needs	\$28,000.00
Donations Received	17,058.18
Over (Short)	(10,941.82)
Year to Date	\$168,000.00
Donations Received	134,873.49
Over (Short)	(33,126.51)
 Youth Pastor Fund	 \$21,738.28

This Week’s Offering
Conference Faith Advance

Sunset

This Friday 8:20p.m.	Next Friday 8:22 p.m.
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YOUTH EVENTS

WHAT’S HAPPENIN’

June 25 — Youth @ Yosemite for Church
Check out announcement for more info on next page!

Go to the youth website at <http://sunnysideyouth.com>
to check out more info about these and other upcoming events

HEALTHY BYTES

**Healthy Cooking Class
this Tuesday evening at 6:30 — Gale’s home.**

The class is almost full; so, you must RVSP (by Sunday) to the phone number or email below. The class will focus on healthy desserts.

The Full Plate Diet (Lifestyle)

The Full Plate Class at the church was such a success that Gale is considering doing another eight-week class in the fall. If you’re interested in taking the class, please give her a call or email.

For more info on healthy solutions and recipes, contact
Gale Bolinger at 974-2459 or email at gale4health@comcast.net

ANNOUNCEMENTS

YOUTH & THE GROUP IN YOSEMITE THIS SABBATH

The Youth and the Group are planning to spend **this Sabbath** in Yosemite. Make plans to spend the whole day enjoying God's great outdoors; bring sunscreen, hat, water and a snack.



Meet at the church @ 8:00am for breakfast and lunch prep; **we leave @ 8:30am. - sharp!**



Everyone under 18 must have a completed permission slip.

Dress comfortably and wear good walking shoes.

NO Sabbath School or The Group Service at the church this Sabbath.

SPECIAL POTLUCK THIS SABBATH

The Care Team is sponsoring a special all-church potluck in honor of the Williams Family and Friends - so please come and bring extra food for our visitors! **Everyone is encouraged to bring sandwiches and salad or sandwiches and dessert.**

SUNNYSIDE GRACE IN YOSEMITE, TOO!

If you are in Yosemite Valley **this Sabbath, June 25**, drop by the church bowl to hear Sunnyside Grace provide a musical Sabbath service. Lunch is served potluck style, and we'd love to see you there.

THANKS FOR THE TORNADO CARE KIT ITEMS

Thank you to everyone who donated towels and toiletry items for the tornado care kits. The Early Youth class packed 40 kits that will be sent to Adventist Community Services Disaster Response in Alabama.

FAA BOARD MEETING TONIGHT

The FAA Board Meeting is this evening, June 23, at 6:30pm. If you would like to come out and voice your support or concerns for the school, there will be an open forum at the beginning of the board meeting and each person is allowed three minutes to speak.

A GREAT BIG THANK YOU!

The Reijnders graduates would like to give a great big thank you to the Church for Adventist Book Center gift certificates and the special grad recognition. What a great family we have!

Love,
Justin, Johan & Angela

VOLUNTEER FOR VBS

If you'd like to volunteer for VBS, meet us **Monday, June 27 — 6:30pm** at Hope Lutheran for dessert and a brief meeting & overview of the new program.

Go to our website at www.sunnysidesda.org and click on the lifeguard to register as a volunteer!



VBS IS AUGUST 1 – 5 REGISTER NOW!

Go to our website at www.sunnysidesda.org and click on this logo to register



Join us this summer for a week of praise, discovery and creative fun!

JOB OPENING

Central California Conference Auditing Department has an immediate opening for a part-time Assistant Auditor. To apply, please fill out employment application at <http://ccchr.adventistfaith.org/hr-resources-forms>, and e-mail or fax to Human Resources, lbarron@cccsda.org; fax: 314-6002. **Application deadline is June 28.**

GETTING TO KNOW OUR FRIENDS & FAMILY
Building Lives Through Relationships...



**Jason, David &
Adrianna Castillo**



**Yvette Kerbs with
Elle & Christiana**

THE LAST WORD

From The Strangest Secret

by Earl Nightingale

George Bernard Shaw said, "People are always blaming their circumstances for what they are. I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want, and if they can't find them, they make them."

Well, it's pretty apparent, isn't it? And every person who discovered this believed (for a while) that he was the first one to work it out. **We become what we think about.** Conversely, the person who has no goal, who doesn't know where he's going, and whose thoughts must therefore be thoughts of confusion, anxiety and worry - his life becomes one of frustration, fear, anxiety and worry. And if he thinks about nothing... he becomes nothing.

How does it work? Why do we become what we think about? Well, I'll tell you how it works, as far as we know. To do this, I want to tell you about a situation that parallels the human mind.

Suppose a farmer has some land, and it's good, fertile land. The land gives the farmer a choice; he may plant in that land whatever he chooses. The land doesn't care. It's up to the farmer to make the decision.

We're comparing the human mind with the land because the mind, like the land, doesn't care what you plant in it. It will return what you plant, but it doesn't care what you plant.

Now, let's say that the farmer has two seeds in his hand- one is a seed of corn, the other is nightshade, a deadly poison. He digs two little holes in the earth and he plants both seeds-one corn, the other nightshade. He covers up the holes, waters and takes care of the land...and what will happen? Invariably, the land will return what was planted. As it's written in the Bible, "...for whatsoever a man soweth, that shall he also reap." Galatians 6:7

Remember the land doesn't care. It will return poison in just as wonderful abundance as it will corn. So up come the two plants - one corn, one poison.

The human mind is far more fertile, far more incredible and mysterious than the land, but it works the same way. It doesn't care what we plant...success...or failure. A concrete, worthwhile goal...or confusion, misunderstanding, fear, anxiety and so on. But what we plant must return to us.

You see, the human mind is the last great unexplored continent on earth. It contains riches beyond our wildest dreams. It will return anything we want to plant.

For all of us there are turning points in our lives. One of mine was the first time I heard [The Strangest Secret](#) in 1964. It was then, and still is, the most powerful and thought provoking message I've ever heard. In many ways it changed my life.

Earl Nightingale's radio recording that he called [The Strangest Secret](#) electrified his listeners all over the country. The stations that carried his syndicated show were deluged with requests for copies of it.

As a result, the audio version of Nightingale's message was recorded, and sold over 1 million copies. In fact, Earl Nightingale's recording of [The Strangest Secret](#) was the first non-music record to exceed the one million mark!

Church Address:
5375 North Maroa Avenue
Fresno, CA 93704

Phone: 559.229.5501
Fax: 559.229.5502

Email: churchoffice@sunnysidesda.org
Website: www.sunnysidesda.org

HAPPY BIRTHDAY
TO...

Amanda Mora (6/25)
Caila Morgan (6/25)
Doug Wisener (6/25)
May Bristol (6/26)
Megan Edwardsen (6/27)
Dana Valente (6/27)
Vonette Finkbeiner (6/29)
Michael Ward (6/29)
William Barreto (6/30)
Phill Rhoads (6/30)
Kate Em-Franco (6/30)
Bill Moseley (7/1)
Jerma Palafox (7/1)

HAPPY ANNIVERSARY
TO...

Isaac & Caila Morgan (6/29)