

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events

CHURCH LIFE

GROUP HARMONY



So, if you missed this past Sabbath's worship service, most people will tell you that you really missed a wonderful rendition of "I Feel Good" sang by the 'The Group' Quartet. Sunday morning many were still talking about and sharing with others this special blessing received from the service.

The quartet members are Michael van Putten, Jordan Williams, Kurt Logan and Zaher Estassi. You might say that the quartet formed on a whim. While practicing for the song service for the Sabbath afternoon young adult meeting, The Group, Jordan and Michael were having a little fun with some *a cappella* sounds and arrangements. Kurt, who is also a member of the band, chimed in and started to harmonize with them a bit. He stated, "we need a bass" and Zaher was literally pulled from the next room to join them and the quartet was born.

Michael says that they're pretty low key but, very serious about getting together once a week to practice. They are planning a special number for our Christmas Program — but, we just might hear from them much sooner.

If you'd like to hear the song they sang last Sabbath follow this youtube.com link: <http://www.youtube.com/watch?v=muM8SIB9jPE> or find the video on the church Facebook page.

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WORSHIP CELEBRATION

**July 23, 2011
11:00 A.M.**

**“Holy, Holy, Holy”
“Here I Am to Worship”**

**Welcome
Bud Dickerson**

**Offering
Bruce Eckhart**

**“Lord, I Give You
My Heart”
“He Knows My Name”**

**Prayer
Bruce Eckhart**

**Special Music
Kurt Logan**

**Scripture
Philippians 4:4-6**

**“Rejoice”
Gerhard van Wyk**

Benediction

THIS WEEK AT A GLANCE

SUNDAY, JULY 24

VBS Set-up & Construction – Hope Lutheran Gym 7:00 a.m.

MONDAY, JULY 25

VBS Set-up & Construction 5—9p.m.

TUESDAY, JULY 26

VBS Set-up & Construction 5—9p.m.
Facilities Committee Meeting 6:30p.m.

WEDNESDAY, JULY 27

Youth Hang Out 4:00p.m.
VBS Set-up & Construction 5—9p.m.
Deadline for Bulletin info: bulletin-staff@sunnysidesda.org 6:00 p.m.
GROUP Leader’s Meeting – Maroa Room 7:30 p.m.

THURSDAY, JULY 28

VBS Set-up & Construction 5—9p.m.

FRIDAY, JULY 29

VBS Set-up & Construction 5—8p.m.
Youth Jam Session 5:30p.m.

SABBATH, JULY 30

Sabbath School 9:30 a.m.
Worship Service 11:00 a.m.
The GROUP – Sanctuary & Maroa Rooms 5:00 p.m.

PREACHING SCHEDULE

**July 30 — Pastor Ray
August 6 — Pastor Ray
August 13 — Pastor Ray**

MONTHLY CONTRIBUTION SUMMARY

July Church Needs	\$28,000.00
Donations Received	16,372.37
Over (Short)	(11,627.63)
Year to Date	\$196,000.00
Donations Received	154,783.73
Over (Short)	(41,216.27)
Youth Pastor Fund	\$22,814.50

This Week’s Offering
Conference Faith Advance

Sunset

This Friday 8:15p.m.	Next Friday 8:09p.m.
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HEALTHY BYTES

THE ART OF PICKING A TASTY PINEAPPLE: THE SNIFF & PLUCK TEST



Not all pineapples are created equal, and picking the right one can be challenging. Here are my top 5 tips for the best pineapple:

- 1) It must smell like a pineapple (this also goes for peaches too)
- 2) I shouldn’t be able to squeeze it easily. Mushy pineapple is not good
- 3) Look for the “gold” tagged ones – Dole’s Gold Pineapples are my favorite but there not always available
- 4) Pluck a center leaf (as seen in picture) It should pull out easily but not too easily. If it pulls out with just a little resistance, you’ve got a Sweetie!
- 5) When all else fails, buy one that is already cut. They’re usually always good but do cost more than a do-it-yourself pineapple.

For more info on healthy solutions and recipes, contact
Gale Bolinger at 974-2459 or email at gale4health@comcast.net

ANNOUNCEMENTS

**THE YOUTH SABBATH SCHOOL CLASS
WILL MEET WHILE PASTOR CAL
IS AWAY AT CAMPMEETING.**

**NO "THE GROUP" SERVICE
THIS SABBATH**
The Group will meet again on July 30.

Thank You!

Sunnyside Church,
Thanks for the giftcard to the ABC for my graduation!
~ Nik Cornwell

VBS CONSTRUCTION IS GOING GREAT!

The preparation for VBS is going well—but, we can always use more hands. Join us **all day on Sunday July, 24 & 31 — breakfast, lunch & dinner served on those days — and every week night 5-9pm thru July 29, with dinner served each day.**

If you'd like to help out, contact Leo (994-5588) or Angela (994-5502) or talk with them at church.

SAVE MART SHARESCARD

Last October our church joined the SHARES Card program. We are very happy to report that since then we have seen \$1,702.76 deposited into the build-ing fund! Quite a bit of money for very little effort. All you have to do is swipe your SHARES Card each time you shop at Save Mart or Food Maxx, and then pay for your purchase as you normally do. Want to join us? Get your free SHARES Card by contacting Todd Bristol at church or email at tlbristol@hotmail.com. Thank you for your participation!

**VBS IS AUGUST 1 — 5
8:30AM — NOON
REGISTER NOW!**

Go to our website at
www.sunnysidesda.org

and click on this logo
to register



A Special Thank You

This note is long overdue, but we want to thank Sunnyside for letting Don and I come and participate in your church service on the last Sabbath of June and for all the work that was done to have a lovely pot-luck. Thank you as well for your organization in making it possible to Skype with Greg. That meant a lot to him. It was nice to see the members again. Your new church structure is beautiful and is a real testimony to a committed group of people to keep Sunnyside going after all these years.

The flower arrangement was just beautiful in the front of the church and I kept admiring it so when you gave it to us, I was so touched. We enjoyed it for several days after getting it home. I am going to plant the hydrangea in my yard and will plant the tree azalea in the healing garden at the church. That is such a thoughtful thing for the church to do, and we appreciate it so much. I hope that we will be able to come and visit again some time in the future.

A very special thank to Dennis for allowing me to speak much too long and to Deanna Donaghy and Judi Krogstad for organizing the day.

Peggy and Don Williams

WE NEED MORE VOLUNTEERS

Go to our website at
www.sunnysidesda.org
and click on the lifeguard to
register as a volunteer!

Call 229-5501 with questions



WORK WANTED

Experienced Office Administrator looking for part-time or full-time employment - Prefer clerical & office support work, but willing to do any kind of work such as house cleaning or baby sitting. Please call Patty Kelley at 999-5631 for more information.

GETTING TO KNOW OUR FRIENDS & FAMILY
Building Lives Through Relationships...

Joel Garbutt



Dave & Cheryl Crouch



Tim and Irma McGuinn & Lola Arteaga



THE LAST WORD

Staying the Course

From [The Best Way Out is Always Through](#)
by BJ Gallagher

Our journey of life is about progress,
not perfection.

It's not about doing one thing
100% better -

it's a matter of doing 100 things,
1% better each day.

Progress is evolutionary
not revolutionary,
and most days we measure our progress
in inches,
not miles.

What matters most
is showing up for your life
whether you feel like it
or not.

Ask yourself,
"What two or three little things
can I do today
that would move me forward?"

You'll be amazed
at how much distance
you can cover
by taking it in increments.

The little things add up;
the inches turn to miles;
and we string together our efforts
like so many pearls.
Before long,
look what you have -
a whole strand!

Ah... beautiful.

Church Address:
5375 North Maroa Avenue
Fresno, CA 93704

Phone: 559.229.5501
Fax: 559.229.5502

Email: churchoffice@sunnysidesda.org
Website: www.sunnysidesda.org

**HAPPY BIRTHDAY
TO...**

Judy Hawkins (7/23)
Ron Brady (7/24)
Shawna Carapinha (7/24)
Carson Haldeman (7/24)
Bonnie Moseley (7/25)
Mark Messing (7/26)
Trent Jaeckel (7/28)
Jason Birmingham (7/29)

**HAPPY ANNIVERSARY
TO...**

Elden & Jenny Ramirez (7/27)
Ben & Jody Liu (7/28)
Bud & Harriet Shimmin (7/29)