FRESNO SUNNYSIDE SEVENTH-DAY ADVENTIST CHURCH

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events

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SunnysideNews

WEEKLY NEWSLETTER

AUGUST 4, 2011

CHURCH LIFE

VACATION BIBLE SCHOOL

This the fifth year that Sunnyside and Hope Lutheran have joined up to do Vacation Bible School together and, they are wrapping up another successful program. This is Angela Reijnders' final year as the VBS director. However, for the past two years, she has been working with and mentoring Deanna Donaghy to take the reigns as the new director. "This has been a wonderful experience and leaving VBS is a little sad but, it's time for someone else take over and enjoy the blessings and hard work that goes along with putting together these incredible programs."

This year, 216 children have attended Vacation Bible School. The theme is "Sonsurf Beach Bash" and the kids have had a great time playing and falling in love with Jesus. All are invited to attend a VBS dinner tonight at 6 p.m. in the Hope Lutheran Community Center. You will have the opportunity to see what the kids have been doing all week! Hot dogs (beef and vegetarian), chips and island pudding cups will be served.

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Worship

Teach

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| WORSHIP | THIS WEEK AT A GLANCE | PREACHING SCHEDULE |
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| WORSHIP | | |
| CELEBRATION | WEDNESDAY, AUGUSTIO | August 13 — Youth Sabbath |
| August 6, 2011 11:00 A.M. | Youth Hang Out – Youth Room 4:00 p.m. Deadline for Bulletin info: bulletin- staff@sunnysidesda.org 6:00 p.m. GROUP Leaders Meeting – Maroa Room | August 20 — Shaver Lake (Ray) August 27 — Pastor Ray |
| "The Lord in Zion | 7:30 p.m. | MONTHLY CONTRIBUTION SUMMARY |
| Reigneth" "We Gather Together" | THURSDAY, AUGUST 11 Church Board Meeting – Church Office 6:30 p.m. | July Church Needs \$28,000.00 Donations Received 24,681.43 Over (Short) (3,318.57) |
| Welcome Pastor Dennis Ray | FRIDAY, AUGUST 12 Youth Jam Session – Sanctuary 5:30 p.m. Creative Team Worship Meeting 6:00 p.m. SABBATH, AUGUST 13 | Year to Date \$196,000.00 Donations Received 163,092.79 Over (Short) (32,907.21) |
| Offering | Sabbath School 9:30 a.m. Worship Service 11:00 a.m. Youth Leaders Meeting – Youth Room 1p.m. Early Youth CHCC Care Boxes – Youth Room 2:00 p.m. The GROUP – Sanctuary & Maroa Rooms | Youth Pastor Fund \$23,834.39 This Week's Offering Local Church Budget |
| Children's Story | 5:00 p.m. | Sunset |
| Deanna Donaghy & Angela Reijnders | | This Friday Next Friday 8:03p.m. 7:55p.m. |
| "Open The Eyes of My | | |

Coming Up!... Youth Sabbath — August 13

HEALTHY BYTES



Red Grapes are in season and grown locally! Red grapes contain flavonoids that help prevent development of heart disease. Eating red grapes regularly will help you impede the development of plaque buildup in your arteries, keeping your arteries open for a strong flow of blood to all the organs of your body.

The lutein in red grapes helps protect your vision. The skins of red grapes contain resveratrol, which helps to lower your blood cholesterol level. It also helps to impede blood clots, which will lower your risk of a stroke. Even eating red grapes after a stroke will often help to limit brain damage. Grapes contain Vitamins A and C, both are antioxidants. And you don't want to start your day without your antioxidants to do battle for you! So enjoy our Valley's bountiful crop of red grapes!

For more info on healthy solutions and recipes, contact Gale Bolinger at 974-2459 or email at <u>gale4health@comcast.net</u>

"Open The Eyes of My Heart" "The Wondrous Cross" "Breath On Us Again"

> **Prayer** Jim Robison

"I Shall Believe" Bob Gilbert

Scripture John 1:17 Ephesians 4:15

"Speaking the Truth" Pastor Ray

Benediction

ANNOUNCEMENTS

MEMBERSHIP TRANSFERS

James and Sharon Browning, and Dina Estassi are joining Sunnyside by Profession of Faith.

Thank You

Words can't express the love and support that I have felt this last few weeks from so many of you. I wish to thank each one of you and ask for your continued prayers. Modern medicine certainly has its place but I put my faith and trust in God's hands, and pray that I have the courage to accept what lies ahead for me.

> Thank you again. With love, Dana Valente

WOMEN'S BIBLE STUDY

Sunnyside Women's Bible study begins **September 7** at 6:30 p.m. It's a light supper and study combo so come early if you wish to eat and visit for 30 minutes, and we will start the study at 6:30. Contact Sherry Marsh for more information, 224-9005.

CHURCH IN SHAVER

Our annual "Church in Shaver" will be **Sabbath, August 20.** Plan to spend a relaxed day enjoying God's nature as we worship, fellowship at the potluck BBQ, and rejoice lake-side with those who will be baptized. The email address for those wanting to reserve camping space is camped@sce.com and the Web site for Camp Edison is www.sce.com/campedi-son. There may still be spaces available.

SAVE MART SHARESCARD

Last October our church joined the SHARES Card program. We are very happy to report that since then we have seen \$1,702.76 deposited into the build-ing fund! Quite a bit of money for very little effort. All you have to do is swipe your SHARES Card each time you shop at Save Mart or Food Maxx, and then pay for your purchase as you normally do. Want to join us? Get your free SHARES Card by contacting Todd Bristol at church or email at tlbristol@hotmail.com. Thank you for your participation!

INTERESTED IN BAPTISM?

Each year we have baptisms in the lake at Shaver Lake. If you are desiring baptism on August 20, please contact Pastor Dennis (647-9485) or Pastor Cal (367-7026).

IT'S ALL COMING DOWN... THIS SUNDAY

We've had a great week at VBS and now it's time to take it all down. We need your help in getting the play structure taken down. Please meet us at Hope Lutheran **Sunday morning at 8:00** to help deconstruct and put it all away. Cheryl Colombini will serve breakfast and lunch.

Please let Leo (994-5588) know, If you can help out.

JAIME JORGE IN CONCERT

Jaime Jorge will be giving a sacred music concert on Friday, August 12 at 7:00 p.m. at the Central Valley (CV) SDA Church, 3901 E. Clinton Ave.

BULLETIN INFORMATION

Please submit your announcements of 50 words or fewer (in paragraph form) to: bulletinstaff@sunnysidesda.org. All info is due by 6:00 p.m. Wednesday. Bulletin staff reserves the right to edit text.

CCC JOB OPENING

The Conference is seeking a full-time custodian/maintenance person. Candidate must have strong maintenance, janitorial, and grounds skills; basic skills in use of power equipment and tools of all kinds, and pass fork lift training. Applications are available online at ccchr.adventist.org. For more information contact Human Resources at 347-3042. *Please respond by August 10.*

GETTING TO KNOW OUR FRIENDS & FAMILY Building Lives Through Relationships...



Janette, Jim, & Jameson Frazier



James and Sharon Browning

THE LAST WORD

The Empty Table

by Joyce Stark

He who has gone, so we but cherish his memory, abides with us, more potent, nay, more present than the living man. ~ Antoine de Saint-Exupery

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Phone: 559.229.5501 Fax: 559.229.5502 Email: churchoffice@sunnysidesda.org Website: www.sunnysidesda.org

HAPPY BIRTHDAY TO...

Michael White (8/6) Rick Bullion (8/8) Garrett Tetz (8/8) Spencer Tetz (8/8) Matthew Barr (8/10) Carolyn Page (8/10) Cooper Priest (8/10) Patricia Ford (8/11) Gilbert Barr (8/12) Jan Biloff (8/12) E.J. Ignacio (8/12) Tyonna Marshall (8/12)

HAPPY ANNIVERSARY TO...

Ernesto & Ileana Espinosa (8/6) Steve & Faye Peterson (8/6) Marlin & Chris Czajkowski (8/10) Tim & Sheri Hawkins (8/10) Ken & Karen Swanson (8/12) Clif & Desrie vanPutten (8/12) We were in Greece on holiday many years ago and drove into a small town, way off the tourist track. We wandered the narrow streets and began to get hungry. We decided to go into a little café to try the local Greek food. The floor and walls inside were made of stone, but there were modern chairs and tables. The tables and chairs were painted bright yellow, except for one old round wooden table and four wooden chairs that stood out amidst the brighter modern furniture.

There were shelves around the walls with various jars containing dried herbs, odd-looking pickles of some kind, fresh flowers, candles and many other things.

An old lady appeared through a glass-beaded curtain and asked us what we would like. We asked for a selection of their local dishes, some local wine and some coffee.

As it was just coming up to lunchtime, people began to drift in. I commented to the young girl bringing us our wine that they were busy. "On Fridays, many people come for lunch," she explained. They all sat down chatting and then an old man came in and shuffled his way over to the old wooden table.

He sat down and the young girl set down a glass of water in front of him and at the other three places round the table. She did the same with plates of bread and I realized he was expecting three others.

We ate the delicious food and chatted about where we would explore next. Nearly an hour later, I noticed the old man was still sitting there alone. Although he was eating something, the untouched glasses of water and plates of bread were still there. His hand shook as he took a drink and I was profoundly touched. Who would leave an old man to eat alone when he was expecting them?

As my husband went to pay the owner, and our children went off to the rest room, I studied the jars on the shelf, but my eyes lingered on the lonely old man. The old lady saw me and I commented, "Sad that his company did not arrive and he had to eat alone."

"He always eats alone. His company never turns up," she said.

I frowned at her and asked, "Does he just like to pretend they might?"

"No, he knows they will never turn up again. Many years ago, when he was a younger man, there were four of them who came here every day on their way home from work. They would have a glass of wine or two -- four handsome, strong young men. Once a week they would sit at that table and have lunch together because it was Friday, and they did not work again until Monday. They laughed and told tales and planned their weekends. They had been friends since school days and were always together.

"Then the war came and first one and then another went off to fight. They were like brothers, you understand, and finally the war was over and we waited for all the boys to come home. Of the four who sat there, only Nikolas returned. He has come here every Friday since the day he limped out of the hospital and sat down to have lunch with his friends. In his mind he relives their happy childhood here as boys playing tricks on people, their lives as growing young men, and the farewell hugs as they all went off to war. The rest of the week, he lives a normal life with his wife and family around him. Nikolas needs these Fridays to cope with his grief, to spend happy times with his old friends." I will never forget the final words of the old lady as I was turning to leave...

"The legacy of war isn't just about thousands of white crosses in a military cemetery; it's about empty chairs at a table, and the friends that can never meet again. As long as I am alive, Nikolas can always meet here with his friends."