

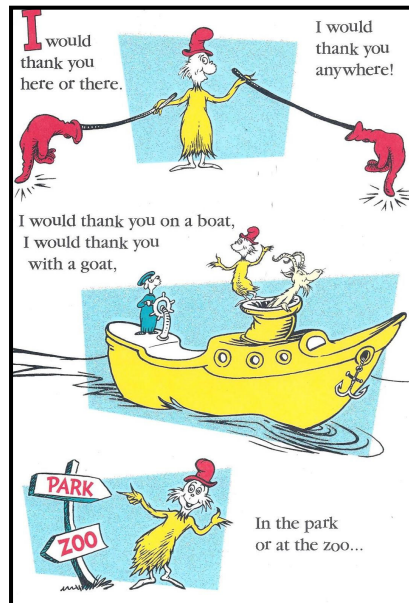
Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events

CHURCH LIFE

RATE CHANGE FOR ENTRANCE INTO CAMP EDISON

Entrance to picnic area is now a flat fee of \$10 per car. Meet us lakeside at Camp Edison Towhee site for lunch, baptisms, boat rides, and fellowship immediately following worship service at Shaver Lake this Sabbath.

A VERY SPECIAL THANK YOU

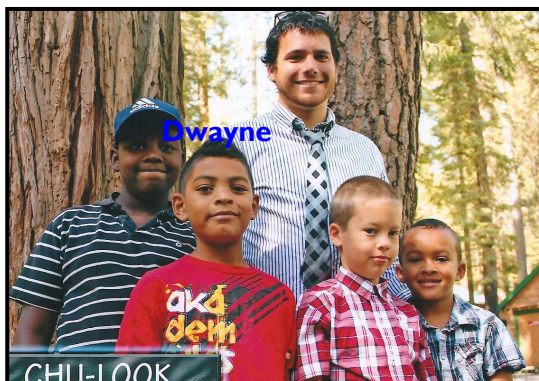


Dear sunnyside church family,
My name is Dwayne Taylor and I would like to say thank you for helping me to go to camp Winton. My camp counselor was Chris and he is cool, my favorite activity was Archery I hit the bullseye 3 times! Not only did I have fun doing all the camp activities but I also had a lot of fun learning about Jesus. This was my first year attending camp and I hope to go back next year. Thank you church family for your help.

Love,
Dwayne Taylor

In this week's issue...

Church Life	1
Worship Celebration	2
Announcements	3
Map to Shaver Lake	4
Getting to Know Our Family & Friends	5
The Last Word	6



Worship

Teach

Connect

Serve

WORSHIP CELEBRATION

**August 20, 2011
11:00 A.M.**

**“Spring Up, O Well”
“Leaning on the
Everlasting Arms”**

Welcome

Offering

**“Power in the Blood”
“The Old Rugged Cross”**

Prayer
Angela Reijnders

Musical Solo
Yvette Kerbs

Scripture

Message
Ivan Morford

Benediction

THIS WEEK AT A GLANCE

WEDNESDAY, AUGUST 24

Deadline for Bulletin info: bulletin-staff@sunnysidesda.org 6:00 p.m.
GROUP Leaders Meeting – Maroa Room 7:30 p.m.

FRIDAY, AUGUST 26

Youth Vespers – Johnson home 6:00 p.m.

SABBATH, AUGUST 27

Sabbath School 9:30 a.m.
Worship Service 11:00 a.m.
The GROUP – Sanctuary & Maroa Rooms 5:00 p.m.

PREACHING SCHEDULE

August 27 — Pastor Ray
September 3 — Pastor Ray
September 10 — Pastor Ray

MONTHLY CONTRIBUTION SUMMARY

August Church Needs	\$28,000.00
Donations Received	5,802.90
Over (Short)	(22,197.10)
Year to Date	\$224,000.00
Donations Received	168,895.69
Over (Short)	(55,104.31)
Youth Pastor Fund	\$20,602.75

**This Week's Offering
Local Church Budget**

Sunset

This Friday
7:46p.m.

Next Friday
7:38p.m.

YOUTH EVENTS

ATTENTION ALL YOUTH: Please come to Shaver Lake dressed in your swimsuits and prepare to get wet during our Sabbath School/Worship Service Experience

HEALTHY BYTES

Not Losing Weight? Try Increasing the Super Foods in Your Diet: Fruit — Part 2

Out of all the weight loss super foods (those foods that battle unwanted pounds for you), fruit is the easiest to add to any diet. Fruit is tasty, colorful, and most of all, portable. It doesn't matter if it's frozen or fresh – you get the same nutritional load either way. However, dry fruit tends to have a higher glycemic (sweetness) load and canned fruit tends to have lots of added sugar. Adding fruit to your meals – because fruit is so versatile, it's easy to add it to a variety of meals.

Berries (blackberries, raspberries, blueberries, strawberries) – With the exception of a few months in the spring, berries tend to be quite expensive, but frozen berries are just as nutritious. Add them to your bowl of cereal/oatmeal in the morning. Sprinkle on some walnuts and you have an invigorating start to your day.



Apples/Pears – Apples and pears are some of the most portable and readily available fruit. Eating just one with a meal will boost your fiber intake by at least 3.5 grams. So pack some in your on-the-go meal.



Citrus Fruit (oranges, mandarins, grapefruit) – Replace your daily orange juice with the real fruit and you'll increase your fiber intake by 3g. Citrus fruit also add zing to any boring salad.

For more info on healthy solutions and recipes, contact Gale Bolinger at 974-2459 or email at gale4health@comcast.net

ANNOUNCEMENTS

MEMBERSHIP TRANSFERS

Second Reading: Shelly Clement from Ceres.

NO CHURCH SERVICES IN FRESNO

There will be NO services at the church this Sabbath as all of the day's activities and services will be held at Shaver Lake.

FRIENDSHIP CIRCLE BAJA CRUISE

Sunnyside's Women's Friendship Circle is headed to Baja for a 4-night cruise and you're invited – **February 27 – March 2, 2012**. This cruise is for all ages, singles, couples, and families. Your Carnival Inspiration package includes nightly enter-tainment, daily shipboard activities, and all meals. Ports will include Catalina and Ensenada, Mexico.

Cabin prices:

Inside Double \$320/person

Inside Triple \$270/person (triple has bunk beds),

Oceanview Double \$350/person,

Oceanview Triple \$297/person (triple has bunk beds).

Gratuities and bus transporta-tion (depending on size of group): up to \$152 per person. **Deposit of \$150/person due by October 10; final payment due by December 19.** Any questions? Contact our cruise and vacation specialist, Sandy Parker, at 439-0136, s.parker@cruiseone.com; or call Lena White at 434-0772.

CHURCH AT SHAVER LAKE This Sabbath!



Sabbath August 20, Fresno Sunnyside Church will meet at Shaver Lake rather than in Fresno.

Shaver Lake Community Chapel: Sabbath School classes 10:00-10:50. Cradle Roll, Kindergarten, Primary & Junior divisions will meet at the Picnic Tables behind the church. Adults will have a class inside the chapel. The church service will be 11:00-12:00 in the Chapel.

At the Camp Edison Towhee picnic site: Early Youth and Youth will meet 10:30-12:00 for a Sabbath school/worship service with Pastor Cal.

Immediately after Church (approximately 1:00 PM) all will meet at the lake for an afternoon of fun at the Camp Edison Towhee site. For lunch — beef hot dogs & Big Franks, buns, condiments, ice water and table service will be provided. Members are asked to bring cold salad or a dessert, chips and drinks (enough for your family and extra for guests) in an ice chest. After lunch, pontoon-boat rides on the lake will be available as will fellowship on land. Baptisms will take place in the lake at 2:30 PM.

Things are casual this day, so dress comfortably for church and afternoon. Items to bring include folding chairs and /or blankets to sit on, sunscreen, insect repellent, and a sweater or light jacket for evening. Temperatures are about 20° cooler than the valley. **You will need money for entrance to picnic area (\$10 per car—flat fee.)**

Remember this is a great opportunity to acquaint others with the Love of God and the love we share for each other at Sunnyside Church, so invite family and friends!

FALL IS COMING & POTLUCKS RETURN!

Our next potluck on **September 3** will be a crockpot and salad lunch. Those with las names beginning **A-L bring crockpots filled with your favorite dish**; names beginning **N-Z bring salads**. Dessert will be provided by the potluck committee.

LOVE & RESPECT MARRIAGE CONFERENCE

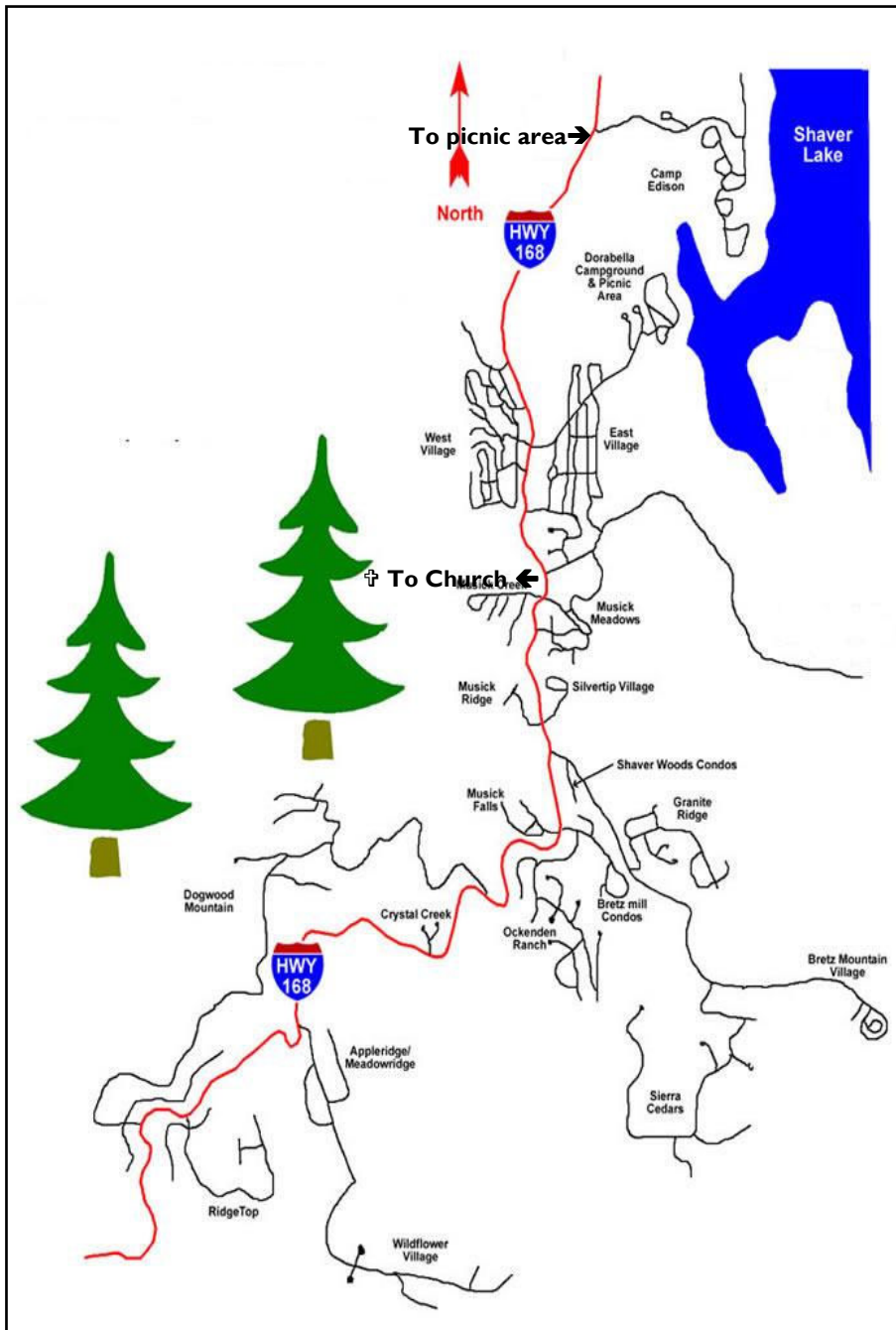
"Women need Love; Men need Respect. It's as simple and as complicated as that." 17-18 at the Central Valley SDA Church, 3901 E. Clinton Ave. Conference presented by Dr. Emerson & Sarah Eggerichs. Register online at www.loveandrespect.com. \$15/person (until September 6); \$20/person (after September 6). Please call 765-7619 or email central.valley.sda@gmail.com, if you have any questions.

WOMEN'S BIBLE STUDY

Sunnyside Women's Bible study begins September 7 at 6:30 p.m. It's a light supper and study combo so come early if you wish to eat and visit for 30 minutes, and we will start the study at 6:30. Contact Sherry Marsh for more information, 224-9005.

MAP & DIRECTIONS TO SHAVER LAKE EVENTS

August 20, 2011



Directions to Shaver Lake Community Center Chapel: Take Highway 168 East from Fresno to Shaver Lake. As you come into town you will notice the Sawmill Restaurant on your right. As you pass the restaurant immediately look LEFT and you will see a quaint White Church. Turn Left and park between the church and the community center. If you pass Dinkey Creek Road in your attempt to find the church, TURN AROUND and look for the only white church in town. Travel time from Fresno 1-1/4 hours.

Directions to Shaver Lake Picnic Site at Camp Edison "Towhee": Take Highway 168 1.6 miles past the Community Center Chapel, turn right at the Camp Edison (PG&E) Campground turnout. Proceed to the Toll booth. Entrance fee is \$10 per vehicle. Proceed on road following signs to Picnic area. Sunnyside Church signs will also be posted. Take right turnout at Towhee Campsite. Those who are able-bodied should park on the asphalt above the picnic area. Those who have a little harder time walking on uneven ground can drive down to the picnic site.

GETTING TO KNOW OUR FRIENDS & FAMILY

Building Lives Through Relationships...



**Church at
Shaver Lake
2005**



THE LAST WORD

“If you want to go fast, go alone. If you want to go far, go with others.”
— African proverb

Church Address:
5375 North Maroa Avenue
Fresno, CA 93704

Phone: 559.229.5501
Fax: 559.229.5502
Email: churchoffice@sunnysidesda.org
Website: www.sunnysidesda.org

HAPPY BIRTHDAY TO...

Gene Carpenter (8/20)
Alice Armstrong (8/21)
Donna Montgomery (8/21)
Daylan Turley (8/21)
Kyree Andrew (8/22)
Joshua Skinner (8/22)
Anne Marie Moore (8/23)
Melissa Cornwell (8/24)
Tyler Hirschhorn (8/24)
Diana Mora (8/25)
Jordan Reijnders (8/25)
Zander Zenith (8/25)
Audrey Donaghy (8/26)
Jacqueline Messing (8/26)
Camille vanPutten (8/26)

HAPPY ANNIVERSARY TO...

Grant & Marilyn Mitchell
(8/20)
Ferdinand & Dalia Ignacio
(8/24)
David & Linda Jeffries (8/24)
Dave & Elga Boccardo (8/25)
Bill & Fran Moseley (8/25)
Peter & Cathie Jo Jones (8/26)
Delbert & Georgiella Swed-
erofsky (8/26)