

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events

## CHURCH LIFE

### **FINISHING THE PROJECT -** *a Note from Bud Dickerson*

The Church Board considered and then approved a fundraising plan which would complete the remodel project we started a couple of years ago. The items that would be finished by this fund drive are the kitchen, the sound system, the video system and the parking lot. The total funds needed are \$200,000. Commitments can be either in pledges or in gifts. Watch for more details in the coming weeks.

The Board did not set a deadline, but it would be great if these could be finished by our 25th Anniversary Celebration on February 4, 2012.

### **COMMUNITY SERVICES NEEDS KITCHEN SUPPLIES**

The Community Services container is filling up with lots of well preserved clothing and other items that you have so generously donated for this ministry. They are in need of and asking for kitchen supplies — anything that one would use in the kitchen: pots, pans, dishes, cups, glasses, dish towels, table cloths, pot holders, small and large kitchen appliances, etc. Please contact Printess or Larry Schlist (232-1194 or 232-1203), if you need anything picked up.

#### In this week's issue...

Church Life	1
Worship Celebration	2
Announcements	3
Getting to Know Our Family & Friends	4
The Last Word	5

**Worship**

**Teach**

**Connect**

**Serve**

## WORSHIP CELEBRATION

September 24, 2011  
11:00 A.M.

*“Come, Now is the Time to Worship”  
“O Lord, You’re Beautiful”*

**Welcome**  
Pastor Dennis Ray

**Children’s Story**  
Mike Menes

**Offering**

*“Jesus, You’re The Center of My Joy”  
“We Have Come Into This Place”*

**Prayer**  
Desrie van Putten

**“Via De la Rosa”**  
Lori Lucas

**Scripture: Psalm 131**

**“Silence and Solitude”**  
Pastor Dennis Ray

**Benediction**

### THIS WEEK AT A GLANCE

#### SUNDAY, SEPTEMBER 25

ABC Fall Open House – Conference Office  
10:00 a.m.

#### TUESDAY, SEPTEMBER 27

Full Plate class – Fellowship Hall 6:30 p.m.  
Facilities Committee Meeting – Youth Room  
6:30 p.m.

#### WEDNESDAY, SEPTEMBER 28

Deadline for Bulletin info: bulletin-  
staff@sunnysidesda.org 6:00 p.m.  
Women’s Bible Study – Marsh Home 6:30  
p.m.  
Sacred Rhythms Class 7:00 p.m.  
GROUP Leaders Meeting – Maroa Room  
7:30 p.m.

#### FRIDAY, SEPTEMBER 30

Youth Vespers 6:30 p.m.

#### SABBATH, OCTOBER 1

Sabbath School 9:30 a.m.  
Early Youth Church – Lost Lake 10:30 a.m.  
Worship Service 11:00 a.m.  
Potluck – Maroa Room immediately follow-  
ing service

### PREACHING SCHEDULE

**October 1** — Pastor Ray  
**October 8** — Pastor Ray  
**October 15** — Pastor Ray

### MONTHLY CONTRIBUTION SUMMARY

<b>September Church Needs</b>	\$28,000.00
Donations Received	13,026.53
Over (Short)	(14,973.47)
<b>Year to Date</b>	\$252,000.00
Donations Received	189,837.70
Over (Short)	(62,162.30)
Youth Pastor Fund	\$19,886.11

This Week’s Offering  
**Conference Faith Advance**

### Sunset

This Friday  
6:56p.m.

Next Friday  
6:46p.m.



### YOUTH EVENTS

**Friday Jam Session** — 5:30p.m.  
in the sanctuary. We’ll be practicing the music for Youth Sabbath.

**Comin’ Up:** Youth Sabbath  
October 22

### HEALTHY BYTES



#### A NEW FULL PLATE CLASS

The new 8-week session will begin meeting **Tuesday, September 27 at 6:30 p.m.** in the fellowship hall. Additionally, a 4-week follow-up session will meet in January; all past and present class members are invited to this at no additional charge. Contact Gale Bolinger at 974-2459 or [gale4health@comcast.net](mailto:gale4health@comcast.net) to register. A fee of \$50 will cover class time and your participant kit. (Five \$25 scholarships are available). If you’d like to retake the class and you have all the materials, your cost is only \$10. Space is limited to 25 people. *This class is sponsored through Sunnyside Women’s Ministry.*

For more info on healthy solutions and recipes, contact Gale Bolinger at 974-2459 or email at [gale4health@comcast.net](mailto:gale4health@comcast.net)

## ANNOUNCEMENTS

### CROCKPOT POTLUCK — OCTOBER 1

Our next potluck will be a crockpot and salad lunch. Those with last names beginning **A-L bring salads**; names beginning **N-Z bring crockpots filled with your favorite dish**. Dessert will be provided by the potluck committee.



### THANKS FOR YOUR HELP!

Don't forget to check out our project board hanging next to Angela's office. Some of the tasks can be handled by a single individual. Others can be done with a group of volunteers who have a couple extra hours and a little muscle to spare. So please give us a hand when you can. It really eases our budget!! Talk to Rod Turley if you have questions, 647-7784.



#### Currently Needed

*Clean pine needles out of drain gutter & along roof by Cradle Roll Room and spread them in grassy area beyond overflow parking lot.*



*Finish installing and painting baseboards in Pastor's restroom.*

### MSCC FREE

#### FAMILY HEALTH FAIR

**Sunday, September 25, 9am—3pm** at the Fresno Manchester Center (SW entrance next to Carousel). The fair will include services and education on Asthma, Cardiac Education, Dental Exams, Diabetic Education, Eye Exams & Glaucoma Testing, Nutrition Counseling, Lab Testing for Blood Sugar • Cholesterol • Hemoglobin, Pediatrics & School Physicals and much more. For more info contact Mohammad Ashraf, MD (673-2259) or Laura (227-1901).

### SAVE THE DATE



Our Annual Harvest Carnival will be **Saturday, October 22** on the Estep property. This is our largest social event; so, make plans to attend! More details coming soon!



### FALL OPEN HOUSE

You are invited to join us at the Adventist Book Center, 2820 Willow Ave., Clovis, **this Sunday, 10:00–4:00** for our Fall Open House & Food Sale. Look what's in store for YOU!: "\$10 @ 10 a.m.!" First 100 customers receive \$10 in ABC Cash (valid for purchases on that day only); Truckload Food Sale — save \$15–\$20/case on Loma Linda and Worthington canned items; Free Lunch (11:00–2:00); Enter-&-Win Drawings for \$25, \$50, and \$75 gift certificates! *Bring the whole family!*

### COLLEGE STUDENT

#### NEEDS A ROOM

Julov' Andy Pierre, recent graduate from PUC, is in need of a room on Sunday & Monday nights only. He is a nursing student at Fresno City College and has been staying in a hotel, but it has become too expensive as he commutes from Novato each week. If you have space available for him, please contact him at (707) 774-3639 or [ploveandy@gmail.com](mailto:ploveandy@gmail.com).

### FRIENDSHIP CIRCLE BAJA CRUISE

Sunnyside's Women's Friendship Circle is headed to Baja for a 4-night cruise and you're invited — **February 27 – March 2, 2012**. This cruise is for all ages, singles, couples, and families. Ports will include Catalina and Ensenada, Mexico.

**Deposit of \$150/person due by October 1; final payment due by December 19.** Any questions? Contact our cruise and vacation specialist, Sandy Parker, at 439-0136, [s.parker@cruiseone.com](mailto:s.parker@cruiseone.com); or call Lena White at 434-0772.

### YOUTH

#### PRAYER CONFERENCE

Central California Conference presents the Youth Prayer Conference, **October 20–23** at the Central Valley Christian Academy in Ceres, CA. For more information talk to Pastor Cal or contact Bonnie Villegas at 347-3189, [bvillegas@cccsda.org](mailto:bvillegas@cccsda.org).

### SPIRIT OF PROPHECY MONTH

October is Spirit of Prophecy Month at your Adventist Book Center. 25% off all books authored by E.G. White. Visit the ABC or order by calling 1-800-843-8585 or on the web; [www.adventistbookcenter.com](http://www.adventistbookcenter.com). *Build your library today!*

**GETTING TO KNOW OUR FRIENDS & FAMILY**  
*Building Lives Through Relationships...*

**Gary and Linda Barron**



**George and Linda Messing**

## THE LAST WORD

### Max Lucado on How to Overcome Fear

We subject ourselves to a position of fear, allowing anxiety to dominate and define our lives. Joy-sapping worries. Day-numbing dread. Repeated bouts of insecurity that petrify and paralyze us. Fear will always knock on your door. Just don't let it in. God wants to help us learn to trust more and fear less.

**Pray First:** Don't pace up and down the floors of the waiting room; pray for a successful surgery...."Casting the whole of your care [all your anxieties, all your worries, all your concerns, once and for all] on Him... "(1 Peter 5:7 AMP).

**Easy Now, Slow Down:** Assess the problem. Take it to Jesus and state it clearly; then... "Rest in the LORD, and wait patiently for Him" (Ps. 37:7). Imitate the mother of Jesus at the wedding in Cana. The reception was out of wine, a huge social no-no in the days of Jesus. Mary could have blamed the host for poor planning or the guests for overdrinking, but she didn't catastrophize. No therapy sessions or counseling. Instead, she took the shortage straight to Jesus. "When they ran out of wine, the mother of Jesus said to Him, 'They have no wine'" (John 2:3). See how quickly you can do the same. Assess the problem. Take it to Jesus and state it clearly.

**Act On It:** Become a worry-slapper. Treat frets like mosquitoes. Do you procrastinate when a bloodsucking bug lights on your skin? "I'll take care of it in a moment." Of course you don't! You give the critter the slap it deserves. Be equally decisive with anxiety. The moment a concern surfaces, deal with it. Don't dwell on it. Head off worries before they get the best of you. Don't waste an hour wondering what your boss thinks; ask her. Before you diagnose that mole as cancer, have it examined.

**Compile a worry list:** Over a period of days record your anxious thoughts. Maintain a list of all the things that trouble you. Then review them. How many of them turned into a reality? You worried that the house would burn down. Did it? That your job would be outsourced. Was it?

**Evaluate your worry list:** Decide which ones are true concerns and which ones have turned into obsessions—like what people think of you, finances, global calamities, your appearance or performance. Pray specifically about them.

**Focus on Today:** God meets daily needs daily. Not weekly or annually. He will give you what you need when it is needed. "Let us therefore boldly approach the throne of our gracious God, where we may receive mercy and in his grace find timely help" (Heb. 4:16 NEB).

**Unleash a worry army:** Share your feelings with a few loved ones. Ask them to pray with and for you. They're more willing to help than you might imagine. Less worry on your part means more happiness on theirs.

**Let God be Enough:** Jesus concludes his call to calmness with this challenge: "Your heavenly Father already knows all your needs. Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need" (Matt. 6:32–33 NLT).

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HAPPY BIRTHDAY  
TO...

Greg Vaughn (9/24)  
Jason Castillo (9/25)  
Bruce Eckhart (9/25)  
Megan Goodwin (9/25)  
Garrett Edwardsen (9/26)  
Trevor Koch (9/27)  
Delfina Wisener (9/27)  
La Dawna Lelaind (9/28)  
Amber Bobbitt (9/29)  
Kevin Chapman (9/29)  
Korey Chapman (9/29)  
Zaher Estassi (9/29)  
Jack Tolmosoff (9/29)

HAPPY ANNIVERSARY  
TO...

Patrick & Sherrie Coffee  
(9/30)