# FRESNO SUNNYSIDE SEVENTH-DAY ADVENTIST CHURCH

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

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# SunnysideNews

**WEEKLY NEWSLETTER** 

OCTOBER 6, 2011

#### **CHURCH LIFE**



#### **BABY NEWS**

Savannah Rita Marie Knizevski was born on September 24 at 7:44 a.m. to very proud parents, Nicole Holato and Ryan Knizevski. Little Savannah weighed in at 7lbs 5oz. and was 21½ inches long. Grandparents, Sugar and Robert Knizevski, say she is beautiful and doing fine.

#### PASSING OF RICK GRISWOLD

Rick Griswold, older brother of Linda Barron and son of Skye Berger, passed away last week. He was 54 years old. Rick lived his entire life in the Fresno area and leaves behind many friends and family members. He attended Fresno Adventist Academy and is well-known to many who attended FAA in the mid-70's. Rick's family held a private memorial service on Monday in the Maroa Room.

There is a time for everything, and a season for every activity under the heavens: a time to be born and a time to die, a time to plant and a time to uproot, a time to kill and a time to heal, a time to tear down and a time to build, a time to weep and a time to laugh, a time to mourn and a time to dance, a time to scatter stones and a time to gather them, a time to embrace and a time to refrain, a time to search and a time to give up, a time to keep and a time to throw away, a time to tear and a time to mend, a time to be silent and a time to speak, a time to love and a time to hate. a time for war and a time for peace.

Ecclesiastes 3:1-8 (TNIV)

Worship Teach Connect Serve

# WORSHIP CELEBRATION

October 8, 2011

"Great Is Thy Faithfulness" "Great Is the Lord"

#### Welcome

Marla Hartman

Children's Story
Bob Gilbert

Offering

"As the Deer"
"He Knows My Name"

# Prayer

Leo Reijnders

#### "I Feel Good"

Jordan Williams, Michael Van Putten, Zaher Estassi & Kurt Logan

# Scripture

Johan Reijnders

#### Message

Pastor Dennis Ray

**Benediction** 

#### THIS WEEK AT A GLANCE

#### TUESDAY, OCTOBER II

Full Plate class – Fellowship Hall 6:30 p.m.

#### WEDNESDAY, OCTOBER 12

Deadline for Bulletin info: bulletinstaff@sunnysidesda.org 6:00 p.m. Women's Bible Study – Marsh Home 6:30 p.m.

Sacred Rhythms Class 7:00 p.m.

#### THURSDAY, OCTOBER 13

Church Board Meeting – Church Office 6:30 p.m.

Creative Team Worship Meeting 7:00 p.m.

#### FRIDAY, OCTOBER 14

Youth Jam Session – Sanctuary 5:30 p.m.

#### SABBATH, OCTOBER 15

Sabbath School 9:30 a.m.
Worship Service 11:00 a.m.
Women's Friendship Circle
The GROUP – Sanctuary & Maroa Rooms
5:00 p.m.

#### PREACHING SCHEDULE

October 15 — Pastor Ray
October 22 — Youth Sabbath
October 29 — Pastor Ray

#### MONTHLY CONTRIBUTION SUMMARY

| October Church Needs | \$28,000.00 |
|----------------------|-------------|
| Donations Received   | 7,141.10    |
| Over (Short)         | (20,858.90) |

| Year to Date       | \$280,000.00 |
|--------------------|--------------|
| Donations Received | 199,557.71   |
| Over (Short)       | (80,442.29)  |

Youth Pastor Fund \$21,216.11

This Week's Offering Voice of Prophecy

#### Sunset

| This Friday | Next Friday |
|-------------|-------------|
| 6:36p.m.    | 6:26p.m.    |



Friday Jam Session — 5:30p.m. in the sanctuary. We'll be practicing the music for Youth Sabbath.

**Comin' Up:** Youth Sabbath October 22

# **HEALTHY BYTES**

#### CHIA SEED BENEFITS — PART 2



Because of the gelling action of the Chia seed, and it's unique combination of soluble and insoluble fiber combine to slow down your body's conversion of starches into sugars. If you eat chia with a meal, it will help you turn your food into constant, steady energy rather than a series of ups and

downs that wear you out.

The Chia See can help prevent and aid in diverticulitis. Each seed is coated with soluble fibers which aid its gelling action. The exterior of the seed is protected by insoluble fiber. The insoluble fiber is unable to be digested (it does not contribute any calories, or break down) so instead, it helps keep food moving smoothly through the digestive process. Soluble fiber, and the gel coating of the seed keeps the colon hydrated and ensures the easy movement of food.

For more info on healthy solutions and recipes, contact Gale Bolinger at 974-2459 or email at gale4health@comcast.net

# **ANNOUNCEMENTS**



#### ANNUAL HARVEST CARNIVAL

Our Annual Harvest Carnival will be Saturday, October 22, 6:30-**9:00 p.m.** on the Estep property. This year we're ask-ing for your cooperation in bringing food to share: A-F: vegetable trays; G-L: fruit trays; M-Q: sweet bread (like pumpkin, zucchini, or banana bread) or crackers and cheese or chips and dip; R-Z: desserts: cookies, cupcakes, pies, cakes. Veggie and beef hot dogs and condiments will be provided.



We'll have hot popcorn and the famous McCann Wagon will be on sight to provide us with all types of hot and cold beverages. Bring a chair, wear your costume and come out for live music from Sunnyside Grace, bounce houses, game booths, paintball, face painting and lots of fun for all ages. This is our largest social event; you won't want to miss it!

#### THANKS FOR YOUR HELP!

Don't forget to check out our project board hanging next to Angela's office. Some of the tasks can be handled by an individual. Others can be done with a group of volunteers who have a couple of extra hours and a little muscle to spare. So please give us a hand when you can. It really eases our budget!! Talk to Rod Turley if you have questions, 647-7784.

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#### **Currently Needed**

Clear pine needles out of drain gutter & along roof by Cradle Roll Room and spread them in grassy area beyond overflow parking lot.

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Finish installing and painting baseboards in Pastor's restroom.



### Women's FRIENDSHIP CIRCLE

We'd love to have you join us! We meet every first Tuesday of the

month in the church Youth Room at 2:00 p.m., and we have lunch together every third Sabbath. Our next Sabbath lunch will be October 15. Call Lola Arteaga (323-6682) or Lena White (434-0772), for more details about our upcoming lunch or if you have any questions.

#### COMMUNITY SERVICES "NEEDS" BOARD

Your response to the requests for donations to Community Services has be tremendous and we appreciate your desire to support this ministry. We have put together a "Needs" board with tags detailing current items needed. Please take as many tags as you would like and return your donations the following week or when possible. The board and a container to collect donated items will be placed in the foyer. Please contact Printess Schlist (232-1194), if you have any questions.

#### **COLLEGE STUDENT NEEDS A ROOM TO** RENT

Julov' Andy Pierre, recent graduate from PUC, is in need of a room on Sunday & Monday nights only. He is a nursing student at Fresno City College and has been staying in a hotel, but it has become too expensive as he commutes from Novato each week. If you have space available for him, please contact him at (707) 774-3639 ploveandy@gmail.com.

#### **HOST REFRESHMENT TABLE**

Thank you to those who have volunteered and hosted the refreshment table. We are always delighted with the treats and your creativity.

These are the dates currently available: November 12, 19, 26. Please sign up in the fellowship hall. Make it simple or go with a theme. Reimbursement is available...

RELIGIOUS **LIBERTY:** An organizational meeting to establish a local NARLA chapter will be held at the Fresno Central Church on, October 22, at 4:00 p.m. further info, please call Jeanne Wheaton at 972-5400.

# GETTING TO KNOW OUR FRIENDS & FAMILY Building Lives Through Relationships...



Nicole & Ryan Knivzevski

Deanna &
Steve Donaghy
with Audrey,
Clark, Joshua
and Luke



# THE LAST WORD

#### Church Address:

5375 North Maroa Avenue Fresno, CA 93704

Phone: 559.229.5501 Fax: 559.229.5502 Email: churchoffice@sunnysidesda.org Website: www.sunnysidesda.org

# HAPPY BIRTHDAY TO...

Elias Walker (10/8) Whitney Kittle (10/10) Aleya Barron (10/12) Ileana Espinosa (10/12) Amy Daniels (10/13)

HAPPY ANNIVERSARY TO...

Gary & Linda Barron (10/10)

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

- John Fitzgerald Kennedy

"Without action, without decision, you remain in possibility, which is safe and beautiful but eventually enervating and boring." - Jennifer Louden

"You cannot change anything in your life with intention alone, which can become a watered-down, occasional hope that you'll get to tomorrow. Intention without action is useless." - Caroline Myss

"I always wondered why somebody didn't do something about that, then I realized I was somebody." - Lily Tomlin