

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

CHURCH LIFE



GENE CARPENTER HOSPITALIZED

Gene Carpenter got tangled up in his garden hose and fell last Friday. He broke his hip and had to have surgery. After spending a couple days in ICU due to low blood pressure, he is now resting comfortably and in good spirits. Gene will be at St. Agnes for a few more days and will then be transferred to a rehabilitation center. If you would like to visit him, he is in room 103, bed 1.

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MEMORIAL SERVICE FOR ROBERT MONTGOMERY

The memorial service for Robert will be held at Sunnyside this Sabbath afternoon at 4:00. Dinner will be served immediately following; everyone is invited. In lieu of flowers, the family has asked that you make a donation in Robert's memory to the church building fund.

PASSING OF GRACELYN EVANS

A number of you will remember Bob and Gracelyn Evans who were former members of Sunnyside. We are saddened to share the news that Gracelyn passed away recently, after a brief battle with pancreatic cancer. Memorial services were held last Sabbath at the Sonora Seventh-day Adventist Church. While attending Sunnyside, Gracelyn worked for a time in the administrative offices of Fresno State as well as in the education department of the conference office. In retirement, she and Bob had spent time traveling to Korea and recruiting people to work in the English language school there. They have been living in Sonora with their daughter, Terri Deacon, who teaches at Mother Lode Adventist Junior Academy.

WORSHIP CELEBRATION

**November 5, 2011
11:00 A.M.**

**“I Will Enter His Gates”
“Turn Your Eyes Upon
Jesus”**

Welcome
Pastor Dennis Ray

Children’s Story
Vicki Kemp

Offering
Marla Hartman

**“The Spirit Song”
“I Worship You, Almighty
God”**

Prayer
Marla Hartman

Vocal Solo
Jessica Walker

Scripture
Ephesians 2:8-10
Erbe Palafox

“The Beloved”
Pastor Ray

Trumpet Solo
Dan Lichti

Benediction
Jerma Palafox

THIS WEEK AT A GLANCE

TUESDAY, NOVEMBER 8
Full Plate Class – Primary Room 6:30 p.m.

WEDNESDAY, NOVEMBER 9
Deadline for Bulletin info: bulletin-
staff@sunnysidesda.org 6:00 p.m.
Women’s Bible Study – Marsh Home 6:30
p.m.

THURSDAY, NOVEMBER 10
Church Board Meeting – Junior Room 6:30
p.m.

FRIDAY, NOVEMBER 11
Youth Jam Session 5:30 p.m.
Creative Team Worship Meeting 7:00 p.m.

SABBATH, NOVEMBER 12
Sabbath School 9:30 a.m.
Worship Service 11:00 a.m.
Youth Canned Food Drive, Taco Bell &
Bowling 3:30 p.m.
The GROUP – Sanctuary & Maroa Rooms
5:00 p.m.

PREACHING SCHEDULE

November 12 — Pastor Cal
November 19 — Pastor Ray
November 26 — Pastor Ray

MONTHLY CONTRIBUTION SUMMARY

October Church Needs	\$28,000.00
Church Needs Donations	23,970.80
Over (Short)	(4,029.20)
Year to Date	\$280,000.00
Donations Received	216,387.41
Over (Short)	(63,612.59)
Youth Pastor Fund	\$18,718.73

This Week’s Offering Local Church Budget

Sunset

This Friday
6:00p.m.

Next Friday
4:54p.m.



YOUTH EVENTS

NOVEMBER 12

Canned Food Drive - 3:00pm
followed by a Taco Bell Feast & Bowling

HEALTHY BYTES

Simple changes to your diet to promote weight loss:

1. Drink REAL fruit juice not fruit drinks. Or better yet, eat the whole fruit!
2. Substitute butter for margarine. Margarine is made from chemically processed hydrogenated oils.....you know where butter comes from.
3. Switch from white bread to whole grains. FIBER!!!!
4. Replace iceberg lettuce with something healthier, like spinach or green leafy lettuce.
5. Ditch the fried chicken. Baked or roasted chicken is a better choice.
6. Fried fish should get the heave-ho, too. Baked or grilled fish is better. Select fish which contain Omega 3 fatty acids like salmon, tuna, and mackerel and you’ve made the best choice. (see the trend here, no FRIED foods)
7. When making sandwiches, use natural spreads like avocado, hummus, or mustard; load on the veggies, and use a lean protein.

For more info on healthy solutions and recipes, contact
Gale Bolinger at 974-2459 or email at gale4health@comcast.net

ANNOUNCEMENTS

POTLUCK — THIS SABBATH



Those with last names beginning **A-L** bring **crockpots filled with your favorite dish**; names beginning **N-Z** bring **dessert**.

Salad and bread will be provided by the potluck committee. We hope you'll join us for lunch.

A PLACE TO SERVE

Sunnyside has many places for you to serve in the church including the Personnel Committee. In the past we have asked the church body for nominations to this committee. Rather than having someone else nominate you, we would like you to prayerfully consider this position yourself. If you are looking for a place to serve the church in this or another capacity, please contact Bill Hartman. 799-0511 or williamrhartman1@gmail.com.

YOUTH PARENTS MEETING AT POTLUCK

Pastor Cal would like to meet with all youth parents during potluck **this Sabbath in the Junior classroom**. So make plans to stick around for potluck! Please let Cal know if you'll be there — you can call, text or email him at 367-7026 or calvinredman@gmail.com.

FAA ANNUAL HOLIDAY GALA

Fresno Adventist Academy's 12th Annual Holiday Gala for the Student Sponsorship Program is **Sunday, December 4 at 5:00 p.m.** RSVP for tickets to this festive, elegant, and heart-warming event by contacting Richelle Rickard, 273-4976 or rrickard@faa.org. Tickets are limited. Complimentary child care is available.

HOST REFRESHMENT TABLE

Dates available: **November 19, 26; December 10, 17**. Please sign up in the fellowship hall. Make it simple or go with a theme. *Reimbursement is available.*

CHRISTIAN EDITION - Saturday, November 19

at 4pm at Fresno Adventist Academy in the Ricchiuti Auditorium. Don't miss this FREE special concert. Delicious Asian food will be sold after the concert.. Please donate pies & other desserts for the bake sale — proceeds will used to enhance FAA's technology program. To donate desserts, contact Gale Bolinger at 275-8975. Bring your friends to this outstanding event!

CCC SINGLES RALLY 10:00 a.m.–10 p.m. Saturday, December 3, in the Central California Conference Assembly Room, 2820 Willow Ave., Clovis, CA 93612. Cost: \$30/person includes lectures and two delicious meals, a full day of worship and fellowship. Discover meaning and purpose as a single Christian; understand the difference between "Singleness vs. Loneliness," "Being in a Relationship vs. Being With Some "Body." Learn the real state of singleness – it's all about Jesus. You must pre-register by November 24. Contact CCC Church Ministries; Attn: Marlyn Novielli, 347-3176, e-mail ministries@cccsda.org, fax 347-3077 Sponsored by Church Ministries.

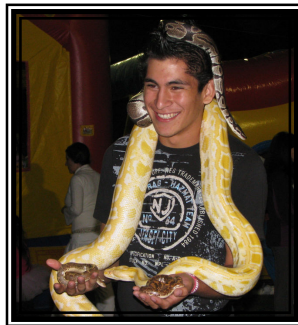
COLLEGIATE/YOUNG ADULTS Experiencing God in nature as we bike through beautiful Yosemite National Park. **November 18–21**: Biking, fellowship, great food, and worship. Send name, address, phone, and email with registration fee of \$20 to: CCC Young Adult Retreat, PO Box 770, Clovis, CA 93612. Please register by November 4. For more information, call at 347-3176 or email ministries@cccsda.org. Don't forget to bring your bicycle!

SENIORS RALLY – BAY AREA The Golden Years; Aging with Grace, Joy, and Love. **Next Sabbath, 11:00–12:30 and 3:00–6:00 p.m.** Speakers Rene Quispe, Ph.D. Learning to Love – It's Never Too Late! Learning to Forgive – Healing the Past to Enjoy the Present; Steve Horton: There is a Place for You in God's Work Service Opportunities. Sponsored by CCC at the Mountain View Central Seventh-day Adventist Church. Please RSVP to Marilyn Novielli so we can plan for potluck 347-3176 or ministries@cccsda.org.

GETTING TO KNOW OUR FRIENDS & FAMILY

Building Lives Through Relationships...

Annual Harvest Carnival — 2011



THE LAST WORD

Sweet Rest

by Mary Hughes

(from *Chicken Soup for the Soul: Devotional Stories for Tough Times*)

In times of turmoil and great personal anguish, I used to find it difficult to sleep. In the deep of night, my mind would scramble from the very present troubles going on in my life to nightmarish visions of possible outcomes, the peace-stealing "what-ifs."

I remember a particular season of my life when the nighttime threatened to devour me. Our nineteen-year-old daughter had moved six-and-a-half hours away, determined to live her life the way she thought suitable. Her idea of suitable and ours were as distant as the miles between us. She wouldn't listen, and her father and I could not acquiesce. Our relationship with our daughter was on the verge of fracturing.

During the day, I battled despair by praying and keeping busy. In the silence of the night, however, I was bedeviled by negative, consuming thoughts. My mind became a battleground, a place where I waged war with my daughter's rebellion. Yet even in my imagination, I was unable to construct a happy ending.

Then, one day, I recognized that I had to quit trying to control the situation and completely release my daughter into God's hands. I finally came to terms with the fact that my struggle to control things was futile. Her father and I had done everything we could; we had said everything that could possibly be said, and none of it was working. I couldn't wage war with my daughter or with myself anymore. I opened the palms of my hands toward the sky and released my precious girl's life, her future, to God. It was then that my wrestling finally ceased.

I decided from then on that I would thank God for what He had in store for us and our daughter, regardless of the pain we were feeling or the outcome. And, oddly enough, in the midst of it all, I was able to see some of my own rebellion and ungodly attitudes. My eyes had been opened. Where I had once prayed for God to change my daughter, I began to pray for Him to change me instead.

It is by God's grace and His grace alone that our daughter found her way back. Because of His work in our lives, our relationship has not only been restored, but it is beautiful and authentic in a way it was not before. We know, however, that things do not always work out that way.

When trouble comes -- and it has and will again -- I remember the time I lifted my palms to God on behalf of my daughter, and I lift them up anew. I pray and ask God to guide and change my heart and attitudes where I err. I hand over my troubles and my feeble attempts to fix things. It is in this place of prayer that my burdens and troubles move from my open palms to the shoulders of a loving God more than capable of handling every situation. And it is there I find sweet rest.

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Website: www.sunnysidesda.org

HAPPY BIRTHDAY TO...

Denise McEowen (11/5)
Amanda Menes (11/5)
Malik Isa Ribadu (11/5)
John Banks (11/6)
LaRae Kellos (11/6)
Carlyn Murdock (11/6)
Jim Ragsdale (11/6)
Andi van Haaster (11/6)
Leigh Jones (11/7)
Patricia Kelley (11/7)
Abby Frazer (11/9)
Pete Beckmann (11/10)
Sherilynne Blanchet (11/11)

HAPPY ANNIVERSARY TO...

Gene & Irma Carpenter
(11/6)