

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

CHURCH LIFE

MEMORIAL SERVICE FOR DANA VALENTE



This Sabbath we will celebrate the life of Dana Valente with a memorial service at the church at 4:00p.m.

Dana had been a member of Sunnyside for the past five years and active in women's ministry. She and her husband, Joseph, were next-door-neighbors and very good friends with the late Robert and Emeron Montgomery.

The family has extended an invitation to anyone who would like to attend the service and the dinner immediately following.

In this week's issue...

Church Life	1
Worship Celebration	2
Announcements	3
Getting to Know Our Family & Friends	4
The Last Word	5

THANKSGIVING POTLUCK

Is your family far away? Maybe there other reasons why you can't be with your loved ones on Thanksgiving. If so, don't spend the Holiday alone. Our Community Services is hosting a potluck for our church family on Thanksgiving Day at 1p.m. at the church. Please bring a dish to share and enjoy the fellowship of others. Roasted turkey and pumpkin pie will be provided. Please let Printess Schlist (232-1194) know that you'll be attending and how many will be in your group as she needs to know how many to expect that day.

Worship

Teach

Connect

Serve

**WORSHIP
CELEBRATION**
November 19, 2011
11:00 A.M.

**“We Gather Together”
“I’m So Glad”
“Blessed Assurance”**

Welcome
Pastor Dennis Ray

Children’s Story
Vicki Massee

Offering
Ron Fitzgerald

**“In the Garden”
“Change My Heart,
O God”**

Prayer
Marla Hartman

“Face to Face”
Bob Gilbert

Scripture:
Deuteronomy 8:6–10
Bill Hartman

**“We Need a Little
Thanksgiving”**
Pastor Ray

“Adonai”
Janelle Menes

Benediction

THIS WEEK AT A GLANCE

SUNDAY, NOVEMBER 20
Early Youth Thanksgiving – Priest home 6pm

TUESDAY, NOVEMBER 22
Deadline for Bulletin info: bulletin-
staff@sunnysidesda.org 6pm

WEDNESDAY, NOVEMBER 23
Food Pantry Distribution – Community
Services 11am – 1pm

THURSDAY, NOVEMBER 24
Community Services Thanksgiving Potluck
1pm

SABBATH, NOVEMBER 26
Sabbath School 9:30 a.m.
Worship Service 11:00 a.m.
The GROUP – Sanctuary & Maroa Rooms
5:00 p.m.

PREACHING SCHEDULE

November 26 — Pastor Ray
December 3 — Pastor Ray
December 12 — Pastor Cal

MONTHLY CONTRIBUTION SUMMARY

November Church Needs	\$28,000.00
Church Needs Donations	10,274.75
Over (Short)	(17,725.25)
Year to Date	\$308,000.00
Donations Received	226,662.16
Over (Short)	(81,337.84)
Youth Pastor Fund	\$21,213.38

This Week’s Offering
Local Church Budget



YOUTH EVENTS

**Due to illness, the Youth Thanks-
giving Vespers has been cancelled.**

Sunset

This Friday
4:49p.m.

Next Friday
4:45p.m.

HEALTHY BYTES *for the Holidays*

Double Whammy? This time of year (October through January) the majority of people add on 3-5 lbs. The sad part is that the majority of those KEEP those 3-5 lbs. It is such a small increase it’s hardly noticed until a few years go by and we have an extra 30-50 lbs. hanging on.

Where do these extra pounds come from? Starting with Halloween candy, we add on Thanksgiving meal (which, let’s face it, lasts the whole week!), then from Thanksgiving to Christmas we have candy and delicious goodies in abundance. By the New Year we are just in the habit of eating more!

Also, this time of year we don’t exercise as much as we do when the weather is warmer. So we are moving less. Add that to the extra sweets and food and our bodies take a hit. Our circulation is decreased without exercise and our immune systems are compromised with all that sugar and bad food. The Double Whammy!

Every counter or desk has a bowl of candy.....one piece won’t hurt.....no, but 5 trips a day to that same bowl will! Replace that bowl of candy with a bouquet of flowers (same price!). You will get satisfaction from looking at the beautiful flowers and feel you are contributing to the holiday feeling. Can’t fit in the exercise? Park at the back of any parking lot and “walk” to the store. Take the long way around the office - avoiding those desks with candy - to get in a few more steps each day. Take the stairs instead of the elevator - sometimes it is even faster. Do squats or leg raises during TV commercials. Be creative, you’ll find a way to exercise.

You have to PLAN to not gain those extra pounds.....you have to PLAN to exercise more. Let me know what strategies work for you during the holidays.

For more info on healthy solutions and recipes,
contact Gale Bolinger at 974-2459 or email at gale4health@comcast.net

ANNOUNCEMENTS

MEMBERSHIP TRANSFERS

First Reading: Daryl and Dana Crouch
from Seven Palms.

✠ ✠

Second Reading: Shayla Phillips
from Seven Palms.

CONTINUING THE SPIRIT OF SUNNYSIDE



Part of the Sunnyside mission is to be a welcoming and nurturing church. We have openings for greeters, connection team and small groups. Please prayerfully consider if one of these positions of service is for you. If you are interested, please contact Bill Hartman at 799-0511 or williamrhartman1@gmail.com.

CANNED & DRY GOODS NEEDED



FOR FOOD PANTRY
Our Community Services Food Pantry will make its first official distribution on

November 23 to help fill the cupboards of families in need. Please bring your canned and dry good donations **this Sabbath or any day before the 23rd**. If you have any questions, please contact Printess Schlist (232-1194 or communityservices@sunnysidesda.org).

HOST REFRESHMENT TABLE

Dates available: **November 26 & December 17**. Please sign up in the fellowship hall. Make it simple or go with a theme. *Reimbursement is available.*

THANKSGIVING POTLUCK



Community Services is hosting a Thanksgiving Potluck **Thursday at 1p.m. at the church** for those who would like to join.

If you are not able to celebrate with family and would like to enjoy the fellowship of others, please bring a dish to share. Roasted turkey and pumpkin pie will be provided. Please let Printess Schlist (232-1194) know that you'll be attending and how many will be in your group.

MEMORIAL FOR DANA VALENTE



The memorial service for Dana will be held at Sunnyside **this Sabbath at 4:00p.m.** Dinner will be served immediately following; everyone is invited.

EARLY YOUTH THANKSGIVING

Early Youth Class come out **this Sunday, at 6p.m. to the Priests' home** for dinner, fun and time to share for what we are thankful. For directions, call or text Tonya at 477-0055.

WOMEN'S BIBLE STUDY GROUP ON HOLIDAY BREAK

The Women's Bible Study group just ended another fantastic study through the book of Acts. The class will resume in January after the holiday season. If you would like to be part of the new study series, please contact Sherry Marsh (224-9005) for more details.

EARLY BULLETIN DEADLINE

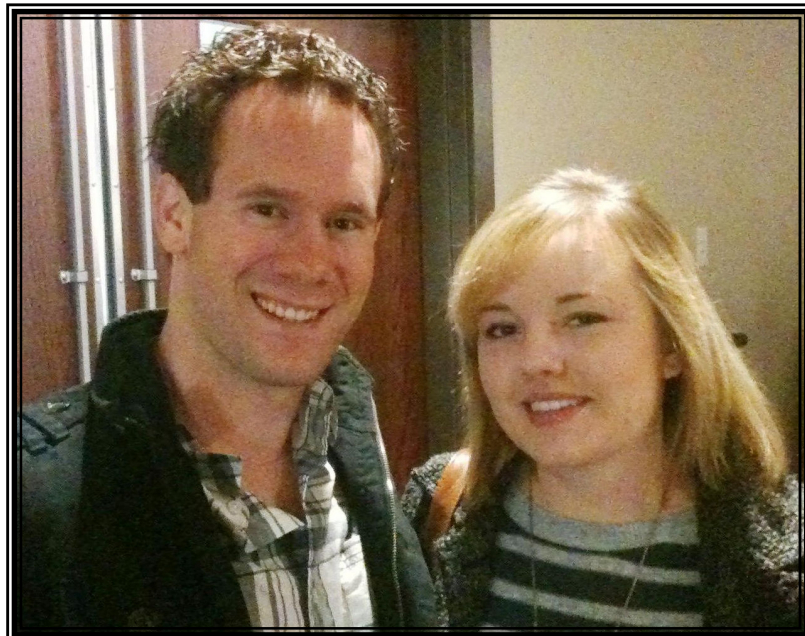
All info is due by **6:00 p.m. Tuesday**. Please submit your announcements of 50 words or fewer (in paragraph form) to: bulletinstaff@sunnysidesda.org. Bulletin staff reserves the right to edit text.

CHURCH OFFICE CLOSED

The Church Office will be closed **Monday, November 21; and November 24 & 25** in observance of Thanksgiving.

GETTING TO KNOW OUR FRIENDS & FAMILY
Building Lives Through Relationships...

**Linda & Darryl Slusher celebrating with Lisa
at the “Race for the Cure” which she
ran in honor of her mom.**



Tyler and Whitney

THE LAST WORD

The Quilt

by Rosalie Grangaard Grosch

Tears streamed down my face as I reminded myself, "It's only a thing."

Earlier in the day, the ringing of the telephone had startled us. It was the snowplow operator at our lake home. "I noticed that one window is broken and another is open." With great haste, my husband set out on the hour-and-a-half drive. Not wanting to face the fear of the unknown, I stayed home.

Ken's call came. "They must have had lots of time because the place has been ransacked. They broke the bedroom window when they entered and exited with the loot through an open kitchen window."

Sawdust on the counter looked familiar to Ken. Checking the basement, he realized his chain saw was missing. That, along with other objects, must have been packed on the kitchen counter.

The drawers in the upstairs dressers were upside-down on the floor. Things were strewn around all over. A container of pennies was missing, as was the microwave from under the counter and guns from the closet.

With Ken's second phone call, I asked, "Is the quilt still there?"
"Just a minute. I will look." The phone was silent while I waited.
"It is gone. They must have wrapped everything in it when they fled."

I was heartbroken. That quilt meant everything to me. We were living out of the country when Mother died, and I was not able to attend her funeral. The quilt had been her project. Each piece told a story from my family's past. The partially finished quilt was given to my daughter. While at college, she finished the piecing. On an unforgettable trip to the other grandma's house, my two daughters and Grandma sat around the big frame, stitching everything by hand.

"We are doing this for Mom and Dad's twenty-fifth anniversary," our daughters sang as they stitched. In the center, embroidered in bright colors, was a special square: "Ken and Rosalie, 25 years of love and laughter."

We wept with joy when the quilt was presented to us. We pictured so many hands lovingly working: Mother cutting and piecing the old remnants; our daughter sewing the pieces between college classes; our two girls sitting around the quilt frame, stitching with Grandma.

Now, it was gone. I took off a day from work and went on a scavenger hunt, stopping at antique stores on the way to our cabin. No one had seen or heard anything of the quilt. I put up flyers with pictures asking people to call if they ran across the quilt.

I dream of someday finding a stained and worn quilt with our names stitched in the center. With a few left-over pieces, my daughter and I replicated the quilt in a smaller size. And as I look at those familiar fabric pieces, I give thanks.

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Fax: 559.229.5502

Email: churchoffice@sunnysidesda.org
Website: www.sunnysidesda.org

**HAPPY BIRTHDAY
TO...**

Patrick Anlauf (11/19)
Connie Carpenter (11/19)
Debra Pritchard (11/19)
Hope Contreras (11/20)
Joe Montgomery (11/20)
Esther Marie Shumate
(11/20)
Cristine Barreto (11/22)
David Jeffries (11/22)
Bob Anderson (11/23)
Betty Lee Warkentin (11/24)
Vern Biloff (11/25)
Timothy Hawkins Jr. (11/25)
Owen McCann (11/25)
Susan Bobbitt-Voth (11/25)

**HAPPY ANNIVERSARY
TO...**

Bud & Dianne Dickerson
(11/24)
Joe & Donna Montgomery
(11/25)