

Sunnyside News is a weekly publication designed to inform members and subscribers of our current news and events.

A LETTER FROM PASTOR CAL

Dear Church Family,

It is with sadness that I am tendering my resignation as Youth Pastor effective January 1, 2012.

This may come as a shock to many of you and you may be wondering what has brought about this decision. To answer that question and to put to rest any rumors, the reason I am resigning is that I believe that God is calling me to a time away from all ministry activities and to a time of personal growth and healing.

Both Jessica and I love you, our church family, and still want to be a part of the Sunnyside Seventh-day Adventist Church. We do not feel that God is calling us to go somewhere else, we simply believe that God is calling me to take a break from ministerial activities for an unknown period of time.

In order to help make this transition period a little smoother, beginning in January of 2012, I intend to take at least a one month hiatus from worshipping at Sunnyside. I also intend to take at least a 6 month break from being involved in any form of ministry to allow for a time of personal healing, recalibration and regeneration.

I would like to take this opportunity to say a huge thank you to the parents and financial supporters of the Youth Ministry. Thank you so much for your time and dedication to ministering to our kids. It makes a big difference knowing that their church family care so much.

I would also like to say a special thank you to my kids; the youth. Thank you for letting me into a little piece of your world. Thank you for letting me experience a small piece of life with you. You guys are great and loved so very much. I'm sorry if I haven't been there when you've needed me, or if we haven't connected like we should have. I want you guys to know that I'm proud of you, I love you and you'll always have a special place in my heart.

I would like to thank you, my church family, so much for the amazing opportunity and privilege I have had to serve such a wonderful group of people. Sunnyside is the type of church Jessica and I have always dreamed about serving and worshipping in. The openness to ideas and acceptance of people here is a rarity and are some of the things we treasure deeply about the heart and soul of this church. We hope that we have been half as much of a blessing to you as you have been to us.

Both Jessica and I are very much at peace with this decision.

I do not know what God has in store for us in the future, but Jess and I would like to take this opportunity to say we love you all and thank you for your continued support and prayer throughout our journey and during this transition period.

Love and Blessings Always,
Cal.

In this week's issue...

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WORSHIP CELEBRATION

**December 3, 2011
11:00 A.M.**

**“Go Tell It on the
Mountain”
“Good Christians, Now
Rejoice”**

**Welcome
Pastor Dennis Ray**

Children’s Story

Elder Ordination

Offering

Advent Reading
Ron & Linda Estep
“O Come , O Come,
Immanuel”

**“Rise Up, Shepherds, and
Follow”
“Lo, How a Rose E’re
Blooming”**

Prayer

Scripture
Colossians 2: 1-3

**“Who Was This Guy? -
Part 2: Teacher”
Pastor Ray**

Benediction

THIS WEEK AT A GLANCE

TUESDAY, DECEMBER 6
Women’s Friendship Circle Meeting – Youth
Room 2:00 p.m.

WEDNESDAY, DECEMBER 7
Finance Committee Meeting 6:30 a.m.
Community Services Distribution Hours
11:00 a.m.
Deadline for Bulletin info: bulletin-
staff@sunnysidesda.org 6:00 p.m.
Personnel Committee Meeting – Junior Class
Room 6:30 p.m.

THURSDAY, DECEMBER 8
Church Board Meeting – Junior Class Room
6:30 p.m.
Creative Team Worship Meeting 7:00 p.m.

FRIDAY, DECEMBER 9
Christmas Program Rehearsal 7:00 p.m.

SABBATH, DECEMBER 10
Sabbath School 9:30 a.m.
Worship Service 11:00 a.m.
The GROUP – Youth Room 5:00 p.m.

PREACHING SCHEDULE

**December 10 — Pastor Cal
December 17 — Pastor Ray
December 24 — Pastor Ray**

MONTHLY CONTRIBUTION SUMMARY

November Church Needs	\$28,000.00
Church Needs Donations	20,024.64
Over (Short)	(7,975.36)
Year to Date	\$308,000.00
Donations Received	252,589.90
Over (Short)	(55,410.10)
Youth Pastor Fund	\$22,463.38

This Week’s Offering
Local Church Budget

Sunset

This Friday 4:43p.m.	Next Friday 4:43p.m.
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HEALTHY BYTES *for the Holidays*

Ten Tips for Eating Healthy this Holiday Season

1. **Stop eating when you're full:** Avoid taking second helpings just because the food tastes good...
2. **Educate yourself:** You might be surprised by what you find out regarding what is and what isn't healthy...
3. **Plan social activities that don't revolve around food...**
4. **Eat healthy meals:** ...do yourself a favor by sticking to healthy choices for your basic meals, such as a bowl of oatmeal in the morning or a sandwich on wheat bread for lunch. Having a healthy foundation can help you maintain some stability even if you are eating more sweets than usual.
5. **Beware of drinks:** Holiday drinking can be a big source of extra (and empty) calorie intake...
6. **Don't eat something just because it's in front of you...**
7. **Lighten up:** Sometimes you can really cut a recipe's fat and calories down by switching to lower fat choices...
8. **Avoid store-bought snacks and going out:** Lots of store-baked goodies have extra oil to keep them fresh longer, along with other preservatives and unhealthy ingredients...
9. **Be careful of oblivious grazing:** When food is out, people munch...
10. **Use seasonal produce whenever you can:** Just because it's cold outside doesn't mean you shouldn't be eating lots of fresh fruit and veggies.

To read this complete article go to: <http://www.usstatesman.com/column-ten-tips-for-eating-healthy-this-holiday-season-1.2677861#.Tte6JWAW-cd>

For more info on healthy solutions and recipes,
contact Gale Bolinger at 974-2459 or email at gale4health@comcast.net

ANNOUNCEMENTS

YOUTH PARENTS MEETING

Pastor Cal would like to meet with all youth parents during potluck this Sabbath. So grab your lunch and meet him in the Junior classroom for a roundtable discussion.



POTLUCK — THIS SABBATH

Our December potluck will feature soups and salads. Those with last names beginning **A-L bring crockpots filled with soup or stew**; names beginning **M-Z bring salad**. Dessert and bread will be provided by the potluck committee. We hope you'll join us for lunch.

CONTINUING THE SPIRIT OF SUNNYSIDE



Part of the Sunnyside mission is to be a welcoming and nurturing church. We have openings for greeters, connection team and small groups. Please prayerfully consider if one of these positions of service is for you. If you are interested, please contact Bill Hartman at 799-0511 or williamrhartman1@gmail.com.

ABC HOLIDAY OPEN HOUSE



You are invited to a Holiday Open House & Sale, **Sunday, December 11, 10:00–4:00** at the Adventist Book Center, 2820 Willow Ave., Clovis. The first 100 customers get a FREE Worthington foods Dinner Roast Entrée. We'll have our Truckload Food Sale: buy 3 cases of Worthington or Loma Linda canned items and get \$20 off the 4th case. Drawings and great deals on a whole lot more!



WOMEN'S FRIENDSHIP CIRCLE



Join us for our next meeting — this Tuesday, **December 6 at 2:00 p.m.** at the church in the Youth Room. Talk to Lola Arteaga (323-6682) or Lena White (434-0772) if you have any questions.

EARL MYERS IN CONCERT

Annual "Music for the Holiday Season"
December 10 at 4:00 p.m. at Westside SDA Church
(2750 Martin Luther King Blvd.)
Arrive early for a good seat. Admission is free to all!

FAA CHRISTMAS CONCERT

Fresno Adventist Academy presents K–12th grade Christmas Concert Tuesday, December 6 at 6:30 p.m. in the Ricchiuti Auditorium of Fresno Adventist Academy, 5397 E. Olive Ave. Refreshments will follow in the Alumni Room.

ANGEL TREE



We have the opportunity to give a little Christmas joy to some children in our community through Angel Tree. This program works in connection with Prison Fellowship and churches to give Christmas gifts to local children of prisoners. For the next few Sabbaths we will have a Christmas tree in the foyer filled with paper angels. Each angel has the name of a child and the gift requested for that child. Please take an angel or two and return the gifts wrapped and with the angel attached **by December 17**. Gifts should not exceed \$25. Thank you for your continued support of this ministry!

BECAUSE YOU SHARED...

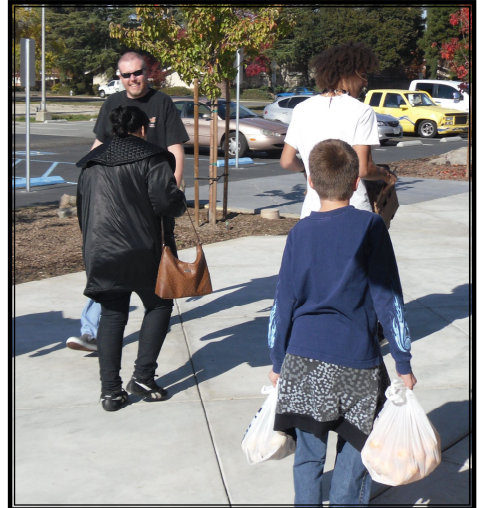
Thank you for using your S.H.A.R.E.S. Card at Save Mart or Food Maxx. Because of your support Sunnyside Church just received a \$400 check for our building program. Over \$2,500 has been raised since we joined the program a couple of years ago. Pick up your free S.H.A.R.E.S. Card in the church foyer or contact Todd Bristol for more information at tlbristol@hotmail.com.



GETTING TO KNOW OUR FRIENDS & FAMILY

Building Lives Through Relationships...

Sunnyside Community Services Thanksgiving Distribution — 65 families served!



THE LAST WORD

Thank You for This Food

A 4-year-old boy was asked to return thanks before a big dinner. The family members bowed their heads in expectation. He began his prayer, thanking God for all his friends, naming them one by one. Then he thanked God for Mommy, Daddy, brother, sister, Grandma, Grandpa, and all his aunts and uncles. Then he began to thank God for the food. He gave thanks for the turkey, the dressing, the fruit salad, the cranberry sauce, the pies, the cakes, even the Cool Whip.

Then he paused, and everyone waited--and waited. After a long silence, the young fellow looked up at his mother and asked, "If I thank God for the broccoli, won't he know that I'm lying?"

HAPPY BIRTHDAY TO...

Esabelle Palafox (12/3)
Karen Powell (12/4)
Dina Estassi (12/6)
Terri Mosley (12/6)
David Daggs III (12/7)
Donovan Daggs (12/7)
David Hawkins (12/8)
Sabrina Rogers (12/8)
Jeff Smith (12/8)
Aidan Fitzgerald (12/9)

HAPPY ANNIVERSARY TO...

Zaher & Dina Estassi (12/6)
Steve & Jennifer Cosner
(12/7)
Jack & Teresa Tolmosoff
(12/7)
Larry & Peggy David (12/8)

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